

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 11 Male A**  
 Competitors **17**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	211	Richard Zhang Redtaekwondo	GBR	6,29	3,40	2,88
2	12	Yaqoob Dildar London Taekwondo Academy	ENG	5,87	3,25	2,62
3	72	Callum Newby Boston	GBR	5,80	3,05	2,75
4	29	Muhammed-Razwan Aslami Peace Taekwondo Academy	ENG	5,66	3,11	2,55
5	22	Bahram Qoreishi London Taekwondo Academy	ENG	5,61	3,10	2,51
6	256	Sebastian Shields Manx Taekwondo	IMN	5,60	3,03	2,57
7	57	Andrew Smyth Central Taekwondo Academy	SCO	5,40	2,91	2,48
8	209	Ethan Haythornthwaite Redtaekwondo	GBR	5,25	2,85	2,40
9	121	Lucas Ng Kang Han	GBR	5,20	2,92	2,28
10	49	Max Cartwright Central Taekwondo Academy	SCO	5,13	2,91	2,22
11	148	Akinfolajinmi Akinrele Nomad Taekwondo	GBR	5,09	2,81	2,27
12	31	Muhammad-Azaan Aslami Peace Taekwondo Academy	ENG	5,05	2,69	2,36
13	240	Kieran Owen Unite Martial Arts Academy	GBR	5,02	2,77	2,25
14	36	Spencer Dando Weymouth Taekwondo	ENG	4,92	2,71	2,20
15	30	Muhammad-Habil Aslami Peace Taekwondo Academy	ENG	4,80	2,63	2,17
16	190	Christopher Hayhurst Premier Taekwondo Uk	GBR	4,59	2,57	2,01
17	76	Loic Busca Carlton Arena Taekwondo	GBR	4,51	2,50	2,01

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 11 Male A**  
Competitors **17**  
Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	211	Richard Zhang Redtaekwondo	GBR	6,34	3,43	2,91
2	72	Callum Newby Boston	GBR	6,05	3,33	2,71
3	29	Muhammed-Razwan Aslami Peace Taekwondo Academy	ENG	5,87	3,19	2,69
4	22	Bahram Qoreishi London Taekwondo Academy	ENG	5,74	3,17	2,57
5	209	Ethan Haythornthwaite Redtaekwondo	GBR	5,59	3,05	2,53
7	256	Sebastian Shields Manx Taekwondo	IMN	5,15	2,83	2,31
8	57	Andrew Smyth Central Taekwondo Academy	SCO	5,09	2,82	2,27

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 11 Female A**  
 Competitors **16**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	109	Emily Mills Gajok Taekwondo Academy	GBR	6,40	3,83	2,56
2	53	Casey Paton Central Taekwondo Academy	SCO	6,32	3,79	2,53
3	134	Adrianna Beard 2 Lion Taekwondo	GBR	6,23	3,80	2,43
4	47	Rowan Burke Central Taekwondo Academy	SCO	6,16	3,71	2,45
5	120	Mae Gale Kang Han	GBR	5,94	3,59	2,35
6	20	Larysa Andreea Petcu London Taekwondo Academy	ENG	5,88	3,61	2,27
7	82	Micol Norther Carlton Arena Taekwondo	GBR	5,80	3,53	2,27
8	237	Erin Bannon Unite Martial Arts Academy	GBR	5,75	3,52	2,23
9	80	Lucy Henthorn-Lee Carlton Arena Taekwondo	GBR	5,65	3,55	2,10
10	171	Scarla Pearce Ntc	GBR	5,62	3,47	2,15
11	230	Grace Charlton Tuji Taekwondo	GBR	5,62	3,43	2,19
12	234	Kaya Penaluna Tuji Taekwondo	GBR	5,49	3,40	2,09
13	126	Carys Prince Kangchul	GBR	5,46	3,38	2,09
14	58	Katie Smyth Central Taekwondo Academy	SCO	5,38	3,38	2,00
15	238	Maisie Collins Unite Martial Arts Academy	GBR	5,20	3,33	1,87
16	79	Aiqi Freeman Carlton Arena Taekwondo	GBR	4,84	3,13	1,70

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 11 Female A**  
 Competitors **16**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	134	Adrianna Beard 2 Lion Taekwondo	GBR	6,51	3,90	2,61
2	53	Casey Paton Central Taekwondo Academy	SCO	6,29	3,77	2,52
3	109	Emily Mills Gajok Taekwondo Academy	GBR	6,21	3,71	2,50
4	20	Larysa Andreea Petcu London Taekwondo Academy	ENG	6,19	3,67	2,53
5	47	Rowan Burke Central Taekwondo Academy	SCO	6,13	3,67	2,46
6	237	Erin Bannon Unite Martial Arts Academy	GBR	6,03	3,63	2,40
7	120	Mae Gale Kang Han	GBR	5,98	3,63	2,35
8	82	Micol Norther Carlton Arena Taekwondo	GBR	5,65	3,46	2,19

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Male A**  
 Competitors **28**  
 Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	113	Joshua Tobin Gajok Taekwondo Academy	GBR	7,21	3,81	3,40
2	88	Zaw Torley Creative Ways TKD	GBR	6,74	3,60	3,13
3	147	Noah Adams Nomad Taekwondo	GBR	6,68	3,60	3,09
4	60	Alfie Harper Focus TKD	SCO	6,65	3,55	3,10
5	162	Jiahao Yu Nomad Taekwondo	GBR	6,35	3,38	2,97
6	141	Benjamin Stewart Livingwell Tigers	GBR	6,18	3,27	2,91
7	73	Callum Newby 2 Boston	GBR	6,07	3,19	2,88
8	152	Jack Exton Nomad Taekwondo	GBR	6,05	3,15	2,90
9	214	Ilyas Ma Shins Academy	GBR	5,99	3,25	2,73
10	77	Eric Cheung Carlton Arena Taekwondo	GBR	5,99	3,21	2,77
11	10	Ka Lum Chew London Taekwondo Academy	ENG	5,81	3,11	2,70
12	158	Rainier Montoya Nomad Taekwondo	GBR	5,80	3,15	2,65
13	153	Kyan Gnanapragasam Nomad Taekwondo	GBR	5,80	3,10	2,70
14	118	Samuel Bentley Jinhaeng Taekwondo	GBR	5,79	3,10	2,69
15	170	Leo Harrison Ntc	GBR	5,78	3,21	2,56
16	184	James Pearson Phoenix Taekwondo	GBR	5,78	3,18	2,60
17	176	Oakley Wright Ntc	GBR	5,75	3,05	2,70

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Male A**  
 Competitors **28**  
 Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	188	Thomas Bell Premier Taekwondo Uk	GBR	5,70	3,03	2,67
19	159	Blake Omonitan Nomad Taekwondo	GBR	5,55	2,97	2,59
20	186	Amer Abid Premier Taekwondo Uk	GBR	5,53	3,03	2,50
21	160	Dominic Simpson-Gray Nomad Taekwondo	GBR	5,50	3,01	2,48
22	246	Rio Bermunde Sun Waterside Taekwondo Club	GBR	5,45	2,91	2,53
23	138	Finan Fitzpatrick 2 Lion Taekwondo	GBR	5,25	2,95	2,30
24	15	Bilal Jami London Taekwondo Academy	ENG	5,15	2,85	2,30
25	235	Charlie Sivyer Tuji Taekwondo	GBR	5,12	2,93	2,19
26	192	Lakshya Kaushik Premier Taekwondo Uk	GBR	4,57	2,70	1,87
27	191	Daniel Hayhurst Premier Taekwondo Uk	GBR	4,11	2,29	1,83

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Male A**  
 Competitors **28**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	113	Joshua Tobin Gajok Taekwondo Academy	GBR	7,36	3,85	3,51
2	147	Noah Adams Nomad Taekwondo	GBR	6,88	3,61	3,27
3	88	Zaw Torley Creative Ways TKD	GBR	6,80	3,60	3,20
4	152	Jack Exton Nomad Taekwondo	GBR	6,32	3,27	3,05
5	214	Ilyas Ma Shins Academy	GBR	6,30	3,23	3,06
6	60	Alfie Harper Focus TKD	SCO	6,29	3,33	2,96
7	73	Callum Newby 2 Boston	GBR	6,25	3,23	3,01
8	141	Benjamin Stewart Livingwell Tigers	GBR	6,06	3,15	2,91
9	158	Rainier Montoya Nomad Taekwondo	GBR	5,98	3,10	2,88
10	77	Eric Cheung Carlton Arena Taekwondo	GBR	5,95	3,13	2,81
11	153	Kyan Gnanapragasam Nomad Taekwondo	GBR	5,87	2,98	2,88
12	162	Jiahao Yu Nomad Taekwondo	GBR	5,85	3,25	2,60
13	118	Samuel Bentley Jinhaeng Taekwondo	GBR	5,81	3,01	2,80
14	10	Ka Lum Chew London Taekwondo Academy	ENG	5,65	3,03	2,62

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Male A**  
 Competitors **28**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
2	88	Zaw Torley Creative Ways TKD	GBR	6,30	3,53	2,77
3	147	Noah Adams Nomad Taekwondo	GBR	6,13	3,52	2,61
4	152	Jack Exton Nomad Taekwondo	GBR	5,99	3,25	2,73
5	60	Alfie Harper Focus TKD	SCO	5,95	3,20	2,75
6	214	Ilyas Ma Shins Academy	GBR	5,62	3,20	2,42
7	141	Benjamin Stewart Livingwell Tigers	GBR	5,57	3,13	2,43
8	73	Callum Newby 2 Boston	GBR	5,49	3,03	2,45



## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Female A**  
 Competitors **40**  
 Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	157	Renee Marshall Nomad Taekwondo	GBR	7,12	4,18	2,93
2	107	Ruby Mackay Gajok Taekwondo Academy	GBR	6,95	3,96	2,98
3	66	Leyla Palser Aquila Taekwondo	GBR	6,94	4,00	2,93
4	115	Olivia Shaw Wilkinson Horizon Taekwondo Academy	GBR	6,94	3,98	2,95
5	99	Kayla White Elite Martial Arts Academy Ek TKD	GBR	6,79	3,97	2,82
6	102	Amaya Anson Gajok Taekwondo Academy	GBR	6,79	3,93	2,85
7	46	Eilidh Burke Central Taekwondo Academy	SCO	6,75	3,92	2,83
8	86	Donna Nguyen-Harrison Creative Ways TKD	GBR	6,74	3,93	2,80
9	139	Lydia Fraser Lion Taekwondo	GBR	6,71	3,88	2,83
10	207	Kristi Vafiadis 1 Premierki Taekwondo Club	GBR	6,70	3,90	2,80
11	262	Amy Stewart Lisburn Taekwondo Club	NIR	6,70	3,85	2,85
12	163	Caishi Yu Nomad Taekwondo	GBR	6,68	3,90	2,79
13	50	Kara C McLaren Central Taekwondo Academy	SCO	6,68	3,88	2,80
14	222	Kacey Tittley Stoke Uta Taekwondo	GBR	6,65	3,88	2,77
15	108	Olivia Mcgeoch Gajok Taekwondo Academy	GBR	6,65	3,85	2,80
16	259	Victoria Kirkpatrick Lisburn Taekwondo Club	NIR	6,60	3,83	2,77
17	249	Bineeta Gurung Way Taekwondo	GBR	6,59	3,80	2,79

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Female A**  
 Competitors **40**  
 Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	178	Eunjae Kwon Peak Performance	GBR	6,52	3,79	2,73
19	133	Adrianna Beard Lion Taekwondo	GBR	6,50	3,82	2,68
20	28	Preeti Ubhi London Taekwondo Academy	ENG	6,49	3,83	2,65
21	111	Gabrielle Ord Gajok Taekwondo Academy	GBR	6,48	3,78	2,70
22	172	Scarla Pearce2 Ntc	GBR	6,45	3,80	2,65
23	97	Anna Mclellan Elite Martial Arts Academy Ek TKD	GBR	6,40	3,80	2,60
24	253	Noam Frechter Yamang Taekwondo	GBR	6,40	3,75	2,65
25	78	Isabelle Freeman Carlton Arena Taekwondo	GBR	6,36	3,77	2,60
26	232	Ella Hughes Tuji Taekwondo	GBR	6,35	3,69	2,67
27	119	Grace Burgin Jinhaeng Taekwondo	GBR	6,27	3,70	2,57
28	229	Hannah Blasco Kyun Tuji Taekwondo	GBR	6,25	3,63	2,61
29	180	Eva Mckechnie Pejic Taekwondo	GBR	6,24	3,69	2,55
30	55	Casey C Paton Central Taekwondo Academy	SCO	6,16	3,71	2,45
31	98	Zoe Thomas Elite Martial Arts Academy Ek TKD	GBR	6,14	3,62	2,52
32	127	Carys Prince Kangchul	GBR	6,01	3,63	2,38
33	85	Kaitlin Waddell Carlton Arena Taekwondo	GBR	6,01	3,60	2,41
34	167	Olivia Carroll 2 Ntc	GBR	5,99	3,59	2,40

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Female A**  
Competitors **40**  
Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
35	38	Chloe Irvine Weymouth Taekwondo	ENG	5,97	3,50	2,47
36	37	Anna Hansford Weymouth Taekwondo	ENG	5,95	3,65	2,30
37	243	Jade Rankin Vision Taekwondo	GBR	5,95	3,60	2,35
38	227	Jamelia Jones Toddington And Cotswold Taekwondo	GBR	5,83	3,50	2,33
39	182	Jeni Heard Phoenix Taekwondo	GBR	5,51	3,30	2,21
40	185	Natasha Pearson Phoenix Taekwondo	GBR	5,42	3,35	2,06

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Female A**  
 Competitors **40**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	157	Renee Marshall Nomad Taekwondo	GBR	7,32	4,20	3,12
2	107	Ruby Mackay Gajok Taekwondo Academy	GBR	7,04	4,09	2,95
3	207	Kristi Vafiadis 1 Premierki Taekwondo Club	GBR	6,88	3,97	2,91
4	50	Kara C McLaren Central Taekwondo Academy	SCO	6,87	4,00	2,87
5	139	Lydia Fraser Lion Taekwondo	GBR	6,86	3,98	2,88
6	86	Donna Nguyen-Harrison Creative Ways TKD	GBR	6,84	4,00	2,83
7	133	Adrianna Beard Lion Taekwondo	GBR	6,81	3,96	2,85
8	108	Olivia Mcgeoch Gajok Taekwondo Academy	GBR	6,81	3,93	2,88
9	115	Olivia Shaw Wilkinson Horizon Taekwondo Academy	GBR	6,72	3,97	2,75
10	259	Victoria Kirkpatrick Lisburn Taekwondo Club	NIR	6,71	3,86	2,85
11	102	Amaya Anson Gajok Taekwondo Academy	GBR	6,70	3,91	2,79
12	46	Eilidh Burke Central Taekwondo Academy	SCO	6,70	3,90	2,80
13	262	Amy Stewart Lisburn Taekwondo Club	NIR	6,68	3,88	2,80
14	163	Caishi Yu Nomad Taekwondo	GBR	6,68	3,85	2,83
15	222	Kacey Tittle Stoke Uta Taekwondo	GBR	6,63	3,90	2,73
16	178	Eunjae Kwon Peak Performance	GBR	6,59	3,86	2,73
17	99	Kayla White Elite Martial Arts Academy Ek TKD	GBR	6,48	3,81	2,67

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Female A**  
Competitors **40**  
Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	28	Preeti Ubhi London Taekwondo Academy	ENG	6,46	3,80	2,67
19	66	Leyla Palser Aquila Taekwondo	GBR	6,44	3,85	2,59
20	249	Bineeta Gurung Way Taekwondo	GBR	6,11	3,70	2,41

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 14 Female A**  
 Competitors **40**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	157	Renee Marshall Nomad Taekwondo	GBR	7,16	4,16	3,00
2	107	Ruby Mackay Gajok Taekwondo Academy	GBR	6,93	4,05	2,88
3	207	Kristi Vafiadis 1 Premierki Taekwondo Club	GBR	6,89	4,02	2,87
4	139	Lydia Fraser Lion Taekwondo	GBR	6,75	3,96	2,78
5	50	Kara C McLaren Central Taekwondo Academy	SCO	6,68	3,91	2,77
6	108	Olivia Mcgeoch Gajok Taekwondo Academy	GBR	6,63	3,88	2,75
7	133	Adrianna Beard Lion Taekwondo	GBR	6,62	3,83	2,79
8	86	Donna Nguyen-Harrison Creative Ways TKD	GBR	6,61	3,88	2,73

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 17 Male A**  
 Competitors **17**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	114	Joshua Tobin1 Gajok Taekwondo Academy	GBR	7,49	4,21	3,27
2	255	Nino Ontoy Manx Taekwondo	IMN	7,05	4,03	3,02
3	149	Oluwatimilehin Akinrele Nomad Taekwondo	GBR	6,55	3,83	2,71
4	155	Kelvin Hoang Nomad Taekwondo	GBR	6,38	3,75	2,63
5	257	James Nicholson Carryduff Valley Taekwondo	NIR	6,13	3,67	2,47
6	242	Henry Watkinson Unite Martial Arts Academy	GBR	6,00	3,63	2,36
7	96	Neil Kaczan Elite Martial Arts Academy Ek TKD	GBR	5,92	3,48	2,43
8	177	Oakley Wright2 Ntc	GBR	5,67	3,50	2,17
9	54	Kai Paton Central Taekwondo Academy	SCO	5,61	3,46	2,15
10	43	Ryan White Weymouth Taekwondo	ENG	5,51	3,46	2,05
11	261	Joshua Reid Lisburn Taekwondo Club	NIR	5,31	3,40	1,91
12	62	Michael Goodwin Wales Taekwondo	WAL	5,28	3,41	1,87
13	245	Josua Jones Warrior Taekwondo	GBR	5,22	3,25	1,97
14	26	Solomon Shadman London Taekwondo Academy	ENG	5,09	3,15	1,93
15	11	Ibrahim Chowdhury London Taekwondo Academy	ENG	5,07	3,23	1,84
16	236	Jamie Ackerman Unite Martial Arts Academy	GBR	4,74	3,00	1,73

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 17 Male A**  
 Competitors **17**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	114	Joshua Tobin1 Gajok Taekwondo Academy	GBR	7,33	4,26	3,06
2	255	Nino Ontoy Manx Taekwondo	IMN	6,95	4,05	2,90
3	149	Oluwatimilehin Akinrele Nomad Taekwondo	GBR	6,59	3,88	2,70
4	155	Kelvin Hoang Nomad Taekwondo	GBR	6,26	3,78	2,48
5	96	Neil Kaczan Elite Martial Arts Academy Ek TKD	GBR	5,92	3,53	2,38
6	177	Oakley Wright2 Ntc	GBR	5,73	3,45	2,28
7	257	James Nicholson Carryduff Valley Taekwondo	NIR	5,63	3,50	2,13
8	242	Henry Watkinson Unite Martial Arts Academy	GBR	5,37	3,43	1,93



## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 17 Female A**  
 Competitors **29**  
 Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	59	Natasha Wilson Central Taekwondo Academy	SCO	7,17	4,15	3,02
2	169	Tayha Fells Ntc	GBR	6,48	3,80	2,68
3	164	Cailin Yu Nomad Taekwondo	GBR	6,46	3,75	2,71
4	8	Chloe Bassi2 London Taekwondo Academy	ENG	6,25	3,67	2,59
5	83	Umika Sohal Carlton Arena Taekwondo	GBR	6,24	3,73	2,50
6	112	Emily Ord Gajok Taekwondo Academy	GBR	6,23	3,75	2,48
7	61	Caitlin Moir Focus TKD	SCO	6,18	3,69	2,50
8	206	Kristi Vafiadis Premierki Taekwondo Club	GBR	6,13	3,71	2,41
9	260	Victoria Kirkpatrick 2 Lisburn Taekwondo Club	NIR	6,13	3,63	2,50
10	254	Noam Frechter1 Yamang Taekwondo	GBR	6,02	3,53	2,48
11	94	Cara Coull Dynamic Taekwondo	GBR	6,00	3,50	2,50
12	154	Tahlia Gnanapragasam Nomad Taekwondo	GBR	5,98	3,56	2,41
13	193	Ema Kanlic 1 Premierki Taekwondo Club	GBR	5,79	3,50	2,29
14	7	Mia Bassi London Taekwondo Academy	ENG	5,71	3,50	2,21
15	179	Eleanor Bratt Pejic Taekwondo	GBR	5,59	3,25	2,33
16	151	O'neillia Davy Nomad Taekwondo	GBR	5,51	3,43	2,08
17	92	Jemma Naraine Dorset TKD	GBR	5,43	3,35	2,08

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 17 Female A**  
 Competitors **29**  
 Class **A**

**1**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	17	Ranjit Kaur Jassal2 London Taekwondo Academy	ENG	5,34	3,33	2,01
19	187	Safa Ahmad Premier Taekwondo Uk	GBR	4,95	3,20	1,75
20	25	Susan Shadman London Taekwondo Academy	ENG	4,85	3,15	1,70
21	124	Shelby Coullie Kangchul	GBR	4,85	2,98	1,87
22	42	Emily Seymour Weymouth Taekwondo	ENG	4,81	3,15	1,67
23	239	Elizabeth Hignett Unite Martial Arts Academy	GBR	4,40	2,86	1,53
24	90	Gabrielle Collins Dorset TKD	GBR	4,35	2,95	1,40
25	95	Isla Coull Dynamic Taekwondo	GBR	4,28	2,93	1,35
26	225	Emily Bale Toddington And Cotswold Taekwondo	GBR	4,16	2,71	1,45

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 17 Female A**  
 Competitors **29**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	59	Natasha Wilson Central Taekwondo Academy	SCO	7,05	4,05	3,00
2	169	Tayha Fells Ntc	GBR	6,71	3,90	2,81
3	112	Emily Ord Gajok Taekwondo Academy	GBR	6,62	3,87	2,75
4	61	Caitlin Moir Focus TKD	SCO	6,58	3,83	2,75
5	164	Cailin Yu Nomad Taekwondo	GBR	6,49	3,79	2,70
6	8	Chloe Bassi2 London Taekwondo Academy	ENG	6,40	3,70	2,70
7	206	Kristi Vafiadis Premierki Taekwondo Club	GBR	6,29	3,69	2,60
8	260	Victoria Kirkpatrick 2 Lisburn Taekwondo Club	NIR	6,26	3,63	2,63
9	254	Noam Frechter1 Yamang Taekwondo	GBR	6,24	3,70	2,53
10	94	Cara Coull Dynamic Taekwondo	GBR	6,13	3,65	2,48
11	193	Ema Kanlic 1 Premierki Taekwondo Club	GBR	6,09	3,59	2,50
12	154	Tahlia Gnanapragasam Nomad Taekwondo	GBR	6,08	3,60	2,48
13	7	Mia Bassi London Taekwondo Academy	ENG	5,92	3,51	2,40
14	83	Umika Sohal Carlton Arena Taekwondo	GBR	5,88	3,53	2,35

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 17 Female A**  
 Competitors **29**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	59	Natasha Wilson Central Taekwondo Academy	SCO	7,06	4,03	3,03
2	61	Caitlin Moir Focus TKD	SCO	6,71	3,83	2,88
3	169	Tayha Fells Ntc	GBR	6,68	3,88	2,80
4	112	Emily Ord Gajok Taekwondo Academy	GBR	6,44	3,81	2,62
5	164	Cailin Yu Nomad Taekwondo	GBR	6,44	3,73	2,70
6	8	Chloe Bassi2 London Taekwondo Academy	ENG	6,38	3,73	2,65
7	206	Kristi Vafiadis Premierki Taekwondo Club	GBR	6,30	3,69	2,62
8	260	Victoria Kirkpatrick 2 Lisburn Taekwondo Club	NIR	6,25	3,67	2,58

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 30 Male A**  
 Competitors **19**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	197	Henry Chiu Premierki Taekwondo Club	GBR	6,81	3,90	2,91
2	202	Maximo Libid Premierki Taekwondo Club	GBR	6,63	3,81	2,82
3	213	Jack Durcan Shins Academy	GBR	6,60	3,80	2,80
4	103	Jack Britton Gajok Taekwondo Academy	GBR	6,47	3,72	2,75
5	161	Hiren Visrolia Nomad Taekwondo	GBR	6,42	3,67	2,75
6	75	James Barrett Carlton Arena Taekwondo	GBR	6,28	3,60	2,68
7	199	Thomas Leatherland Premierki Taekwondo Club	GBR	6,21	3,51	2,70
8	130	Cameron Park Koryo	GBR	6,05	3,43	2,61
9	18	Ali Najafi London Taekwondo Academy	ENG	5,94	3,43	2,50
10	104	Connor Clark Gajok Taekwondo Academy	GBR	5,85	3,36	2,48
11	34	Thomas Carney Weymouth Taekwondo	ENG	5,81	3,33	2,48
12	183	Matthew Pearson Phoenix Taekwondo	GBR	5,44	3,23	2,20
13	3	Corey Wilson Chi Taekwondo	ENG	5,07	2,93	2,13
14	205	Luca Vafiadis Premierki Taekwondo Club	GBR	5,03	2,85	2,18
15	131	Aaron Leith Kta GBR	GBR	5,00	2,88	2,11
16	123	Tyler Coullie Kangchul	GBR	4,64	2,83	1,81
17	174	William Walker Ntc	GBR	4,59	2,83	1,75

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 30 Male A**  
Competitors **19**  
Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	122	Daniel Athorne Kangchul	GBR	4,13	2,63	1,50
19	226	Dan Burke Toddington And Cotswold Taekwondo	GBR	2,93	2,15	0,78

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 30 Male A**  
 Competitors **19**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	197	Henry Chiu Premierki Taekwondo Club	GBR	6,99	3,98	3,00
2	202	Maximo Libid Premierki Taekwondo Club	GBR	6,90	3,93	2,96
3	199	Thomas Leatherland Premierki Taekwondo Club	GBR	6,64	3,77	2,88
4	103	Jack Britton Gajok Taekwondo Academy	GBR	6,45	3,65	2,80
5	213	Jack Durcan Shins Academy	GBR	6,34	3,69	2,65
6	161	Hiren Visrolia Nomad Taekwondo	GBR	6,33	3,61	2,71
7	75	James Barrett Carlton Arena Taekwondo	GBR	6,26	3,61	2,65
8	130	Cameron Park Koryo	GBR	6,05	3,55	2,50

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 30 Female A**  
 Competitors **20**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	156	Emily Hoang Nomad Taekwondo	GBR	6,79	3,83	2,96
2	117	Emily Whiting Jem Taekwondo	GBR	6,45	3,65	2,80
3	203	Chloe Mcintosh Premierki Taekwondo Club	GBR	6,38	3,65	2,73
4	196	Francesca Biescas Rue Premierki Taekwondo Club	GBR	6,26	3,56	2,70
5	165	Caiwei Yu Nomad Taekwondo	GBR	6,22	3,45	2,77
6	67	Bianca Porcu Aquila Taekwondo	GBR	6,18	3,51	2,67
7	65	Georgina Ingram Aquila Taekwondo	GBR	6,16	3,50	2,67
8	52	Tegan O May Central Taekwondo Academy	SCO	6,15	3,46	2,69
9	136	Holly Boardman Lion Taekwondo	GBR	6,07	3,47	2,60
10	6	Chloe Bassi London Taekwondo Academy	ENG	5,86	3,30	2,56
11	84	Tannaz Sohrabi Carlton Arena Taekwondo	GBR	5,81	3,35	2,46
12	68	Rebecca Park Arumchan Korea	GBR	5,80	3,40	2,40
13	251	Taylor Boyd Whiston TKD	GBR	5,68	3,19	2,50
14	142	Hanna Harrison Litkd	GBR	5,61	3,29	2,33
15	51	Hazel Moffatt Central Taekwondo Academy	SCO	5,50	3,21	2,29
16	198	Ema Kanlic Premierki Taekwondo Club	GBR	5,45	3,13	2,31
17	145	Maria De Oya London Tigers	GBR	5,43	3,21	2,21



## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 30 Female A**  
Competitors **20**  
Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	150	Titobioluwa Akinrele Nomad Taekwondo	GBR	5,39	3,11	2,28
19	16	Ranjit Kaur Jassal London Taekwondo Academy	ENG	5,18	3,03	2,15
20	1	Coleen Reilly Bluewave Korean Martial Arts	ENG	5,06	2,96	2,10

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 30 Female A**  
 Competitors **20**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	117	Emily Whiting Jem Taekwondo	GBR	6,57	3,75	2,82
2	156	Emily Hoang Nomad Taekwondo	GBR	6,55	3,75	2,80
3	203	Chloe Mcintosh Premierki Taekwondo Club	GBR	6,44	3,65	2,79
4	165	Caiwei Yu Nomad Taekwondo	GBR	6,25	3,56	2,69
5	196	Francesca Biescas Rue Premierki Taekwondo Club	GBR	6,15	3,51	2,63
6	52	Tegan O May Central Taekwondo Academy	SCO	6,13	3,55	2,59
7	65	Georgina Ingram Aquila Taekwondo	GBR	6,08	3,50	2,58
8	67	Bianca Porcu Aquila Taekwondo	GBR	5,88	3,43	2,45

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 40 Male A**  
 Competitors **10**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	24	Ajay Singh Rawat London Taekwondo Academy	ENG	6,05	3,70	2,35
2	64	Reza Saberi Ali's Dojang	GBR	5,94	3,62	2,31
3	215	Hyunsup Shin Shins Academy	GBR	5,68	3,33	2,35
4	23	Yama Rashidi London Taekwondo Academy	ENG	5,15	3,17	1,98
5	217	Deepak Gurung Stkdd	GBR	4,95	3,05	1,90
6	248	Madhu Ghimire Way Taekwondo	GBR	4,80	2,98	1,82
7	166	James Booth Ntc	GBR	4,79	2,83	1,95
8	69	Md Kamrul Bari Baris Taekwondo Academy	GBR	4,71	2,98	1,73
9	250	Ista Gurung Way Taekwondo	GBR	4,57	2,83	1,73
10	218	James Beardmore Stoke Uta Taekwondo	GBR	4,52	2,79	1,73

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 40 Male A**  
 Competitors **10**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	64	Reza Saberi Ali's Dojang	GBR	6,15	3,75	2,40
2	24	Ajay Singh Rawat London Taekwondo Academy	ENG	6,06	3,65	2,41
3	215	Hyunsup Shin Shins Academy	GBR	5,96	3,59	2,38
4	23	Yama Rashidi London Taekwondo Academy	ENG	5,00	3,09	1,91
5	217	Deepak Gurung Stkdd	GBR	4,92	3,11	1,80
6	69	Md Kamrul Bari Baris Taekwondo Academy	GBR	4,74	2,98	1,75
7	248	Madhu Ghimire Way Taekwondo	GBR	4,61	2,86	1,75
8	166	James Booth Ntc	GBR	4,56	2,88	1,69

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 40 Female A**  
 Competitors **7**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	194	Sheena Au-Yeung Premierki Taekwondo Club	GBR	6,54	3,80	2,73
2	201	Wenqi Li Premierki Taekwondo Club	GBR	6,45	3,75	2,70
3	224	Ling Tze Tan Teuk Soo	GBR	5,92	3,50	2,41
4	129	Kimberley Stancer Kim's Kickers Taekwondo	GBR	5,86	3,33	2,53
5	140	Della O'Horo Lion Taekwondo	GBR	4,88	2,98	1,90
6	56	Paula Smyth Central Taekwondo Academy	SCO	4,73	2,91	1,81
7	9	Julieta Bonazza London Taekwondo Academy	ENG	4,70	2,85	1,85

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 50 Male A**  
 Competitors **16**  
 Class **A**

**2**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	204	Simon Negus Premierki Taekwondo Club	GBR	6,82	3,87	2,95
2	252	Winston Casaclang Win Taekwondo Academy	GBR	6,41	3,63	2,77
3	263	Peter Stewart Lisburn Taekwondo Club	NIR	6,00	3,51	2,48
4	132	Kambiz Ramzan Ali Kta GBR	GBR	5,95	3,38	2,56
5	32	Mohamad-Akram Aslami Peace Taekwondo Academy	ENG	5,92	3,45	2,46
6	71	Simon Newby Boston	GBR	5,64	3,23	2,41
7	5	Mirwais Khan Ahmadzai London Taekwondo Academy	ENG	5,62	3,29	2,33
8	265	Md Kamrul Bari Baris Taekwondo Academy	GBR	5,61	3,21	2,40
9	233	David Kim Tuji Taekwondo	GBR	5,50	3,23	2,27
10	33	Aaron bevis Weymouth Taekwondo	ENG	5,43	3,17	2,27
11	21	Abdul Hamid Qoreishi London Taekwondo Academy	ENG	5,31	3,15	2,17
12	244	Simon Jones Warrior Taekwondo	GBR	5,24	3,07	2,17
13	81	Rodolfo Norther Carlton Arena Taekwondo	GBR	5,04	2,93	2,10
14	91	Darren Naraine Dorset TKD	GBR	4,69	3,01	1,68

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 50 Male A**  
 Competitors **16**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	204	Simon Negus Premierki Taekwondo Club	GBR	6,70	3,81	2,88
2	252	Winston Casaclang Win Taekwondo Academy	GBR	6,26	3,61	2,65
3	132	Kambiz Ramzan Ali Kta GBR	GBR	6,04	3,48	2,56
4	32	Mohamad-Akram Aslami Peace Taekwondo Academy	ENG	5,96	3,45	2,51
5	263	Peter Stewart Lisburn Taekwondo Club	NIR	5,92	3,45	2,46
6	71	Simon Newby Boston	GBR	5,81	3,40	2,41
7	265	Md Kamrul Bari Baris Taekwondo Academy	GBR	5,48	3,11	2,36
8	5	Mirwais Khan Ahmadzai London Taekwondo Academy	ENG	5,24	3,09	2,15

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 50 Female A**  
 Competitors **11**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	105	Claire Howard Gajok Taekwondo Academy	GBR	6,07	3,59	2,48
2	195	Carolina Barros Cark Premierki Taekwondo Club	GBR	6,00	3,51	2,48
3	208	Eunjung Haythornthwaite Redtaekwondo	GBR	5,50	3,25	2,25
4	264	Candice Winter Lisburn Taekwondo Club	NIR	5,22	3,20	2,02
5	231	Kamila Hughes Tuji Taekwondo	GBR	4,63	2,79	1,85
6	41	Claire norman Weymouth Taekwondo	ENG	4,49	2,77	1,72
7	175	Juliet Williams Ntc	GBR	4,32	2,82	1,50
8	137	Gillian Fitzpatrick Lion Taekwondo	GBR	4,00	2,40	1,60
9	14	Christine Ingrid London Taekwondo Academy	ENG	2,13	1,67	0,47



## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 60 Male A**  
 Competitors **8**  
 Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	144	Raymond Michael Lltkd	GBR	5,59	3,27	2,33
2	221	Wayne Nicklin Stoke Uta Taekwondo	GBR	5,29	3,11	2,18
3	100	Azim Razak Empsi	GBR	5,00	2,98	2,02
4	74	Alan Steeper Boston	GBR	4,90	2,90	2,00
5	212	Mark Pawlett Sanshin Taekwondo	GBR	4,87	2,92	1,95
6	40	Robert Mcdonald Weymouth Taekwondo	ENG	4,45	2,67	1,78
7	135	Jonathan Bell Lion Taekwondo	GBR	4,28	2,61	1,67
8	200	Andrew Leatherland Premierki Taekwondo Club	GBR	4,22	2,60	1,62

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 60 Female A**  
Competitors **3**  
Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	45	Angie Bailey Central Taekwondo Academy	SCO	5,77	3,72	2,05
2	70	Sheila Jackson Boston	GBR	4,27	3,02	1,25
3	258	Lisa Nicholson Carryduff Valley Taekwondo	NIR	3,39	2,63	0,77

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Under 65 Male A**  
Competitors **3**  
Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	4	Ali Pourtaheri Dragons' Den	ENG	5,97	3,47	2,50
2	220	Peter Johnson Stoke Uta Taekwondo	GBR	5,68	3,30	2,38
3	101	Colin Larkin Fighting Spirit Taekwondo	GBR	4,62	2,82	1,80

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Over 66 Male A**  
Competitors **3**  
Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	181	Mike Pejic Pejic Taekwondo	GBR	5,49	3,10	2,38
2	219	Peter Cliffe Stoke Uta Taekwondo	GBR	4,25	2,61	1,64
3	216	Graham Jones Southampton City Taekwondo	GBR	4,16	2,59	1,58

## British National Poomsae Championships 2019 DAN grades

Category **Ind: Over 66 Female A**  
Competitors **2**  
Class **A**

**3**

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	223	Jenny Furness Team Ultimate (Great Britain)	GBR	4,15	2,50	1,65
2	2	Joy Stirk Bluewave Korean Martial Arts	ENG	4,10	2,55	1,55