

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Male A**  
 Competitors **21**  
 Class **A**

**1**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	75	Shajan Sepanlou Budo-Schule Wiesbaden	GER	6,90	3,81	3,09
2	175	Henry Chiu Great Britain Poomsae Squad	GBR	6,77	3,77	3,00
3	84	Jendrik Martensen Deutsche Taekwondo Union	GER	6,74	3,77	2,97
4	46	Christian Kamphuis Taekwondo Finland	FIN	6,54	3,68	2,86
5	130	Mario Sanchez Del Baño Spain Nacional Team	ESP	6,53	3,63	2,90
6	196	Mahdi Hessari Great Britain Poomsae Squad	GBR	6,48	3,60	2,88
7	206	Thomas Leatherland Great Britain Poomsae Squad	GBR	6,48	3,58	2,90
8	263	Hiren Visrolia Great Britain Poomsae Squad	GBR	6,45	3,55	2,90
9	159	James Barrett Great Britain Poomsae Squad	GBR	6,42	3,60	2,82
10	243	Reza Saberi Great Britain Poomsae Squad	GBR	6,30	3,53	2,77
11	47	Veeti Koivistoinen Taekwondo Finland	FIN	6,28	3,51	2,77
12	211	Max Louch Great Britain Poomsae Squad	GBR	6,09	3,43	2,67
13	230	Cameron Park Great Britain Poomsae Squad	GBR	6,03	3,36	2,67
14	289	David Loh Premierki Taekwondo Club	GBR	6,00	3,43	2,56
15	176	Connor Clark Great Britain Poomsae Squad	GBR	5,63	3,23	2,40
16	286	Alasdair Cox Premierki Taekwondo Club	GBR	5,51	3,17	2,35
17	55	Jonas Helderwerdt Lambersart Taekwondo Club	FRA	5,51	3,05	2,46

# Poomsae Individual

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Category **Ind: Under 30 Male A**  
Competitors **21**  
Class **A**

**1**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
18	37	Shamsaddin Sadiqi London Taekwondo Academy	ENG	5,24	3,17	2,07
19	261	Luca Vafiadis Great Britain Poomsae Squad	GBR	5,20	2,98	2,21
20	272	Aaron Leith Kta GBR	GBR	4,64	2,73	1,91

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Male A**  
 Competitors **21**  
 Class **A**

**2**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	46	Christian Kamphuis Taekwondo Finland	FIN	7,05	3,98	3,07
2	75	Shajan Sepanlou Budo-Schule Wiesbaden	GER	6,97	3,90	3,07
3	130	Mario Sanchez Del Baño Spain Nacional Team	ESP	6,70	3,70	3,00
4	84	Jendrik Martensen Deutsche Taekwondo Union	GER	6,67	3,77	2,90
5	175	Henry Chiu Great Britain Poomsae Squad	GBR	6,46	3,56	2,90
6	206	Thomas Leatherland Great Britain Poomsae Squad	GBR	6,34	3,59	2,75
7	263	Hiren Visrolia Great Britain Poomsae Squad	GBR	6,29	3,56	2,72
8	159	James Barrett Great Britain Poomsae Squad	GBR	6,22	3,48	2,73
9	47	Veeti Koivistoinen Taekwondo Finland	FIN	6,05	3,37	2,68
10	196	Mahdi Hessari Great Britain Poomsae Squad	GBR	5,96	3,31	2,65
11	243	Reza Saberi Great Britain Poomsae Squad	GBR	5,86	3,31	2,55

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Male A**  
 Competitors **21**  
 Class **A**

3

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	75	Shajan Sepanlou Budo-Schule Wiesbaden	GER	7,31	4,15	3,17
2	46	Christian Kamphuis Taekwondo Finland	FIN	7,22	4,12	3,10
3	130	Mario Sanchez Del Baño Spain Nacional Team	ESP	6,76	3,79	2,98
4	175	Henry Chiu Great Britain Poomsae Squad	GBR	6,73	3,73	3,00
5	84	Jendrik Martensen Deutsche Taekwondo Union	GER	6,72	3,73	2,98
6	263	Hiren Visrolia Great Britain Poomsae Squad	GBR	6,65	3,63	3,02
7	206	Thomas Leatherland Great Britain Poomsae Squad	GBR	6,51	3,56	2,95
8	159	James Barrett Great Britain Poomsae Squad	GBR	6,40	3,53	2,87

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Female A**  
 Competitors **24**  
 Class **A**

**1**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	121	Gabrielle Coffa Taekwondo Voorne Putten	NED	6,68	3,85	2,83
2	76	Marina Briechle Deutsche Taekwondo Union	GER	6,65	3,83	2,81
3	265	Emily Whiting Great Britain Poomsae Squad	GBR	6,35	3,67	2,69
4	103	Tatjana Palfi Taekwondo Sportgemeinschaft Krumbach E.V.	GER	6,34	3,67	2,67
5	131	Nuria Serra Fernandez Spain Nacional Team	ESP	6,33	3,73	2,60
6	104	Jana Abt Taekwondo Verein Koryo E.V.	GER	6,31	3,71	2,60
7	158	Sheena Au-Yeung Great Britain Poomsae Squad	GBR	6,26	3,59	2,68
8	107	Jessica Rau TKD Club Schleiden	GER	6,18	3,59	2,60
9	2	Carmina Presinszky Dojang Wien	AUT	6,18	3,56	2,62
10	45	Eevi Huuskonen Taekwondo Finland	FIN	6,15	3,42	2,73
11	7	Nina Reinsperger Kumgang Stockerau	AUT	6,00	3,46	2,53
12	215	Katie Meads Great Britain Poomsae Squad	GBR	5,99	3,47	2,52
13	180	Husna dildar Great Britain Poomsae Squad	GBR	5,96	3,46	2,50
14	214	Chloe Mcintosh Great Britain Poomsae Squad	GBR	5,96	3,45	2,51
15	100	Sara Telatar Sportschule Wuchi	GER	5,88	3,33	2,55
16	163	Francesca Biescas Great Britain Poomsae Squad	GBR	5,86	3,36	2,50
17	249	Kimberley Stancer Great Britain Poomsae Squad	GBR	5,79	3,32	2,47

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Female A**  
Competitors **24**  
Class **A**

**1**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
18	283	Caiwei Yu Nomad Taekwondo	GBR	5,69	3,28	2,41
19	123	Hege Kristine Natland Dahlen Tong-Ir	NOR	5,38	3,13	2,25
20	237	Cathy Poplett Great Britain Poomsae Squad	GBR	5,29	3,10	2,19
21	147	Bianca Porcu Aquila Taekwondo	GBR	5,29	3,06	2,23
22	25	Coleen Reilly Bluewave Korean Martial Arts	ENG	4,96	2,98	1,97

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Female A**  
 Competitors **24**  
 Class **A**

**2**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	121	Gabrielle Coffa Taekwondo Voorne Putten	NED	6,45	3,69	2,77
2	104	Jana Abt Taekwondo Verein Koryo E.V.	GER	6,20	3,50	2,70
3	131	Nuria Serra Fernandez Spain Nacional Team	ESP	6,10	3,53	2,57
4	76	Marina Briechle Deutsche Taekwondo Union	GER	6,10	3,46	2,63
5	265	Emily Whiting Great Britain Poomsae Squad	GBR	6,01	3,43	2,58
6	107	Jessica Rau TKD Club Schleiden	GER	5,99	3,35	2,63
7	45	Eevi Huuskonen Taekwondo Finland	FIN	5,99	3,30	2,69
8	2	Carmina Presinszky Dojang Wien	AUT	5,84	3,22	2,61
9	158	Sheena Au-Yeung Great Britain Poomsae Squad	GBR	5,80	3,22	2,59
10	7	Nina Reinsperger Kumgang Stockerau	AUT	5,79	3,21	2,57
11	103	Tatjana Palfi Taekwondo Sportgemeinschaft Krumbach E.V.	GER	5,78	3,30	2,48
12	215	Katie Meads Great Britain Poomsae Squad	GBR	5,54	3,17	2,38

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 30 Female A**  
 Competitors **24**  
 Class **A**

**3**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	121	Gabrielle Coffa Taekwondo Voorne Putten	NED	6,24	3,55	2,69
2	45	Eevi Huuskonen Taekwondo Finland	FIN	6,10	3,41	2,69
3	131	Nuria Serra Fernandez Spain Nacional Team	ESP	6,09	3,43	2,65
4	265	Emily Whiting Great Britain Poomsae Squad	GBR	6,03	3,43	2,60
5	104	Jana Abt Taekwondo Verein Koryo E.V.	GER	6,01	3,38	2,63
6	76	Marina Briechle Deutsche Taekwondo Union	GER	5,84	3,33	2,51
7	2	Carmina Presinszky Dojang Wien	AUT	5,80	3,28	2,52
8	107	Jessica Rau TKD Club Schleiden	GER	5,67	3,22	2,45



# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 40 Male A**  
 Competitors **13**  
 Class **A**

2

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	66	Stefan Brummer Btu Technik Team	GER	6,66	3,80	2,86
2	133	Ramon Lopez Bailon Spanish National Team	ESP	6,56	3,69	2,88
3	204	Said Khelwatty Great Britain Poomsae Squad	GBR	6,16	3,55	2,61
4	240	Ajay Singh Rawat Great Britain Poomsae Squad	GBR	6,04	3,46	2,58
5	144	Luis Angel Sanchez Hernando Swiss Taekwondo	SUI	5,47	3,12	2,35
6	39	Arian Sadiqi London Taekwondo Academy	ENG	5,16	2,95	2,21
7	190	Jasim Ghias Great Britain Poomsae Squad	GBR	5,15	2,93	2,21
8	38	Jawed Sadiqi London Taekwondo Academy	ENG	5,08	2,91	2,17
9	239	Yama Rashidi Great Britain Poomsae Squad	GBR	4,98	2,85	2,13
10	275	Richard Rands Loughton Uta Taekwondo	GBR	4,18	2,48	1,70

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 40 Male A**  
 Competitors **13**  
 Class **A**

**3**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	66	Stefan Brummer Btu Technik Team	GER	6,74	3,88	2,85
2	133	Ramon Lopez Bailon Spanish National Team	ESP	6,54	3,81	2,73
3	204	Said Khelwatty Great Britain Poomsae Squad	GBR	6,53	3,77	2,77
4	240	Ajay Singh Rawat Great Britain Poomsae Squad	GBR	6,40	3,65	2,75
5	144	Luis Angel Sanchez Hernando Swiss Taekwondo	SUI	4,80	2,71	2,09
6	39	Arian Sadiqi London Taekwondo Academy	ENG	4,73	2,83	1,90
7	38	Jawed Sadiqi London Taekwondo Academy	ENG	4,53	2,71	1,81
8	190	Jasim Ghias Great Britain Poomsae Squad	GBR	3,86	2,43	1,43

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 40 Female A**  
 Competitors **15**  
 Class **A**

**2**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	91	Baerbel Reiner Deutsche Taekwondo Union	GER	6,93	4,05	2,88
2	64	Swann Bejm Toulouse Ecole D'arts Martiaux	FRA	6,91	3,98	2,93
3	207	Wenqi Li Great Britain Poomsae Squad	GBR	6,89	3,96	2,93
4	53	Elise Eeckman Lambersart Taekwondo Club	FRA	6,87	3,95	2,92
5	79	Raffaella Delli Santi Deutsche Taekwondo Union	GER	6,81	3,96	2,85
6	117	Brigitte Halaweh TV Lokstedt V. 1892 E.V.	GER	6,54	3,78	2,77
7	99	Stefanie Leberle Sportfreunde Dornstadt	GER	6,35	3,71	2,63
8	210	Ashley Lister-Yates Great Britain Poomsae Squad	GBR	6,32	3,69	2,63
9	3	Brigitte Birochs Kumgang Stockerau	AUT	6,06	3,51	2,55
10	253	Ling Tze Tan Great Britain Poomsae Squad	GBR	5,85	3,63	2,22
11	276	Charlene Sau Loughton Uta Taekwondo	GBR	5,85	3,45	2,40
12	183	Jennifer Egan Great Britain Poomsae Squad	GBR	5,75	3,45	2,30
13	224	Della O'horo Great Britain Poomsae Squad	GBR	5,42	3,23	2,19
14	57	Julie Vandenberghe Lambersart Taekwondo Club	FRA	5,06	3,27	1,80

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 40 Female A**  
 Competitors **15**  
 Class **A**

3

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	53	Elise Eeckman Lambertart Taekwondo Club	FRA	7,12	4,07	3,05
2	91	Baerbel Reiner Deutsche Taekwondo Union	GER	7,11	4,05	3,06
3	64	Swann Bejm Toulouse Ecole D'arts Martiaux	FRA	6,95	3,98	2,96
4	207	Wenqi Li Great Britain Poomsae Squad	GBR	6,86	3,95	2,91
5	79	Raffaella Delli Santi Deutsche Taekwondo Union	GER	6,83	3,93	2,90
6	117	Brigitte Halaweh TV Lokstedt V. 1892 E.V.	GER	6,60	3,82	2,78
7	210	Ashley Lister-Yates Great Britain Poomsae Squad	GBR	6,43	3,75	2,68
7	99	Stefanie Leberle Sportfreunde Dornstadt	GER	6,43	3,75	2,68

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 50 Male A**  
 Competitors **16**  
 Class **A**

**2**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	220	Simon Negus Great Britain Poomsae Squad	GBR	7,08	4,01	3,06
2	93	Christian Senft Deutsche Taekwondo Union	GER	6,84	3,88	2,95
3	78	Michael Bussmann Deutsche Taekwondo Union	GER	6,83	3,83	3,00
4	134	Patricio Martinez Cano Spanish National Team	ESP	6,65	3,81	2,83
5	20	Ondrej Havlicek Czech National Team	CZE	6,56	3,73	2,83
6	143	Michel Heldner Swiss Taekwondo	SUI	6,37	3,63	2,73
7	58	Farid Begag Normandie	FRA	6,20	3,56	2,63
8	157	Akram Aslami Great Britain Poomsae Squad	GBR	5,62	3,29	2,33
9	155	Kambiz Ali Great Britain Poomsae Squad	GBR	5,61	3,30	2,31
10	54	Nicolas Helderwerdt Lambertart Taekwondo Club	FRA	5,48	3,18	2,30
11	221	Simon Newby Great Britain Poomsae Squad	GBR	5,36	3,05	2,31
12	216	Raymond Michael Great Britain Poomsae Squad	GBR	5,13	2,91	2,21
13	234	Mark Pawlett Great Britain Poomsae Squad	GBR	4,89	2,91	1,98
14	291	Simon Jones Warrior Taekwondo	GBR	4,49	2,69	1,80
15	179	Perre Daobry Great Britain Poomsae Squad	GBR	4,35	2,61	1,73

# *Poomsae Individual*

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 50 Male A**  
 Competitors **16**  
 Class **A**

3

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	93	Christian Senft Deutsche Taekwondo Union	GER	7,10	4,04	3,06
2	220	Simon Negus Great Britain Poomsae Squad	GBR	7,09	4,00	3,09
3	78	Michael Bussmann Deutsche Taekwondo Union	GER	7,00	3,93	3,06
4	134	Patricio Martinez Cano Spanish National Team	ESP	6,84	3,88	2,95
5	20	Ondrej Havlicek Czech National Team	CZE	6,67	3,79	2,88
6	58	Farid Begag Normandie	FRA	6,29	3,52	2,77
7	143	Michel Heldner Swiss Taekwondo	SUI	5,94	3,45	2,48
8	157	Akram Aslami Great Britain Poomsae Squad	GBR	5,74	3,35	2,38

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 50 Female A**  
 Competitors **9**  
 Class **A**

**2**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	65	Leila Kocheida Toulouse Ecole D'arts Martiaux	FRA	6,73	3,71	3,01
2	160	Carolina Barros Clark Great Britain Poomsae Squad	GBR	6,63	3,71	2,91
3	141	Maria Gilgen Swiss Taekwondo	SUI	6,58	3,63	2,95
4	60	Celine Hery Normandie	FRA	6,38	3,55	2,83
5	49	Marina Galichet Hansoo Taekwondo	FRA	6,37	3,52	2,85
6	200	Claire Howard Great Britain Poomsae Squad	GBR	6,23	3,50	2,73
6	1	Karin Traexler Dangun Austria	AUT	6,23	3,50	2,73
8	119	Kathrin Rau TV Lokstedt V. 1892 E.V.	GER	5,87	3,30	2,57
9	266	Juliet Williams Great Britain Poomsae Squad	GBR	4,91	2,93	1,98

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 50 Female A**  
 Competitors **9**  
 Class **A**

**3**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	65	Leila Kocheida Toulouse Ecole D'arts Martiaux	FRA	6,85	3,80	3,05
2	141	Maria Gilgen Swiss Taekwondo	SUI	6,63	3,68	2,95
3	160	Carolina Barros Clark Great Britain Poomsae Squad	GBR	6,35	3,59	2,77
4	60	Celine Hery Normandie	FRA	6,31	3,53	2,78
5	49	Marina Galichet Hansoo Taekwondo	FRA	6,26	3,46	2,80
6	200	Claire Howard Great Britain Poomsae Squad	GBR	5,96	3,42	2,53
7	1	Karin Traexler Dangun Austria	AUT	5,85	3,33	2,52
8	119	Kathrin Rau TV Lokstedt V. 1892 E.V.	GER	5,78	3,25	2,53



# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 60 Male A**  
 Competitors **7**  
 Class **A**

3

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	98	Werner Unland Deutsche Taekwondo Union	GER	6,56	3,67	2,90
2	132	Manuel Ballesteros Melero Spanish National Team	ESP	6,34	3,59	2,75
3	181	Yousuf Dildar Great Britain Poomsae Squad	GBR	5,96	3,42	2,53
4	145	Ali Alipour Ali's Dojang	GBR	5,53	3,21	2,31
5	241	Azim Razak Great Britain Poomsae Squad	GBR	5,17	2,93	2,23
6	26	Ferhad Arghandewoll London Taekwondo Academy	ENG	4,55	2,79	1,76

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 60 Female A**  
 Competitors **10**  
 Class **A**

**2**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	97	Imke Turner Deutsche Taekwondo Union	GER	7,19	4,13	3,06
2	136	Charlotte Dahlqvist Baekdusan TKD	SWE	6,44	3,85	2,59
3	16	Leni Niedermayr TWS Innsbruck	AUT	6,29	3,69	2,60
4	73	Sabine Mueller Budo-Schule Wiesbaden	GER	6,23	3,77	2,46
5	102	Heekyung Reimann Taekwondo Marburg E.V.	GER	6,12	3,73	2,38
6	118	Karen Heimann TV Lokstedt V. 1892 E.V.	GER	5,85	3,60	2,25
7	18	Gerlinde Hoeglinger Yong Du Tscheyukkwan	AUT	5,79	3,50	2,29
8	44	Sirpa Huuskonen Taekwondo Finland	FIN	5,35	3,23	2,11
9	48	Veronique Laloe Astkd Le Guillaume	FRA	5,04	3,06	1,97

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 60 Female A**  
 Competitors **10**  
 Class **A**

3

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	97	Imke Turner Deutsche Taekwondo Union	GER	7,18	4,13	3,05
2	16	Leni Niedermayr TWS Innsbruck	AUT	6,40	3,73	2,67
3	102	Heekyung Reimann Taekwondo Marburg E.V.	GER	6,38	3,71	2,67
4	73	Sabine Mueller Budo-Schule Wiesbaden	GER	6,30	3,65	2,65
5	118	Karen Heimann TV Lokstedt V. 1892 E.V.	GER	6,16	3,61	2,55
6	136	Charlotte Dahlqvist Baekdusan TKD	SWE	6,00	3,46	2,53
7	18	Gerlinde Hoeglinger Yong Du Tscheyukkwan	AUT	5,56	3,33	2,23
8	44	Sirpa Huuskonen Taekwondo Finland	FIN	4,49	2,90	1,59

# *Poomsae Individual*

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 65 Male A**  
 Competitors **4**  
 Class **A**

**3**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	238	Ali Pourtaheri Great Britain Poomsae Squad	GBR	5,74	3,37	2,36
2	51	Sam Chey Lambertart Taekwondo Club	FRA	4,80	2,85	1,95
3	110	Klaus Kremer Tus Ende E.V. Abt. Taekwondo	GER	4,61	2,88	1,73
4	288	Teo Kwang Loh Premierki Taekwondo Club	GBR	3,83	2,41	1,41

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Under 65 Female A**  
Competitors **2**  
Class **A**

**3**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	167	Angela Broadbent Great Britain Poomsae Squad	GBR	6,00	3,60	2,40
2	52	Marie-France David Lambersart Taekwondo Club	FRA	5,80	3,43	2,36

# Poomsae Individual

## British Taekwondo International Poomsae Championships 2018

Category **Ind: Over 66 Male A**  
Competitors **3**  
Class **A**

**3**

Rank	ID	Name Team	Cnty	Averag	Pres.	Techn.
1	235	Michael Pejic Great Britain Poomsae Squad	GBR	6,52	3,53	2,98
2	202	Graham Jones Great Britain Poomsae Squad	GBR	5,25	2,95	2,30
3	8	Georg Matuszek Taekwondo Club Kufstein	AUT	4,93	2,86	2,06