



## 19<sup>th</sup> Open Challenge Cup Poomsae

Saturday March, 5th 2016  
Tongeren / Belgium



### A - CLASS TOURNAMENT ( BELGIUM )

Organisation: Tkd Academy Ge We under the auspice of the Flemish Taekwondo Federation  
With the cooperation of the sport council and the sport department of Tongeren

Invitation.

Dear Instructor/Secretary /Taekwondo friends,

It is our pleasure to invite you and your team to participate in the open challenge cup Poomsae 2016 which will be held in Tongeren Belgium.

We hope that You all will enjoy the Championships as well as a great stay in Tongeren, the oldest town in Belgium. We are looking forward to meet you then.

**In previous years we have had the great pleasure to welcome teams from.** Belgium, Austria, Australie, CZ, Denmark, Estonia, France, Germany, Grece, Israel, Italy, Ireland, Serbia Hungary, Poland, Luxemburg, Portugal, Spain, Switzerland, Slovenia, San Marino, United Kingdom, USA.

- **Registration.** For this event can only be made using the online subscription site TPSS. To login and register please visit. [www.tpss.eu](http://www.tpss.eu)
- **Deadline.** February 25<sup>th</sup> 2016!!!
- **Entry Limit** In order to provide a high quality championships, the entries will be limited to no more than 300 entries. If we reach this figure before the deadline the online registration will be closed early.
- **A-Class : BY DRAWING LOTS**  
**B, C & D-Class : FREE TO CHOOSE** – but required to register at [www.tpss.eu](http://www.tpss.eu) before the deadline!!! ( See info. table in attachment )
- All competition area's are with electronic points system for poomsae competition. Each coach will receive a poule list with a complete time table.
- If you require any further information, please do not hesitate to contact us.
- Bruno Graziano Tournament Director  
Phone +32 (0) 11 31 49 41 E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

Yours sincerely,  
The challenge team



|                       |  |
|-----------------------|--|
| Place                 | Sportcomplex: "Sportoase Eburons Dome"<br>Vrijheidweg 9,3700 Tongeren ( Oost ) Belgium Phone: + 32 (0)12 39.31.11  |
| Date                  | Saturday, March 5th 2016   |
| Licence               | <u>Belgian participants</u> must be in possession of a valid taekwondo license 2016 delivered by one of the regional recognized and subsidized uni - sports federation<br><br><u>Foreign participants</u> must be in possession of a valid license 2016 of a recognized taekwondo federation that offers WTF taekwondo   |
| Forms                 | Taegeuk and higher W.T.F. Poomsae & Free Style   |
| Rules                 | Competition Rules: WTF / VTB <a href="http://www.taekwondo.be">www.taekwondo.be</a> VTB vzw en RIO VTB vzw   |
| Mode                  | Competitors shall be allowed to participate in one or more divisions.<br>Individual Division, Pair Division, Team Division and <u>Free Style Poomsae</u> :<br>Individual, Pair, and Mixed Team <u>for only A - Class Categories.</u>   |
| Graduation<br>A/B/C/D | <u>A -cat:</u> 1 <sup>st</sup> Poom / Dan and higher.<br><u>B -cat:</u> 4 <sup>th</sup> Kup until 1 <sup>st</sup> Kup<br><u>C -cat:</u> 8 <sup>th</sup> Kup until 5 <sup>th</sup> Kup<br><u>D-cat:</u> 10 <sup>th</sup> kup until 9 <sup>th</sup> Kup<br><u>Para-tkd:</u> Indi. only male / female separate 1 <sup>st</sup> dan/poom and higher, 8 <sup>th</sup> kup – 1 <sup>st</sup> kup.<br><br><u>NOTE</u> for each Taegeuk / Poomsae 2 times points will be given for the Presentation and Accuracy and each Taegeuk / Poomsae is judged separately (Electronic points system ) |

| Individual<br>division   | A - class Poomsae<br><b>DRAWING LOTS</b>                                      |
|--------------------------|---|
| Pupils<br>Up to 8 year   | Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 jang   |
| Aspirants<br>9 - 11 year | Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo                                       |
| Cadets<br>12 - 14 year   | Taegeuk 3, 4, 5, 6, 7, 8 jang, Koryo, Keumgang                                |
| Juniors<br>15 - 17 year  | Taegeuk 4, 5, 6, 7, 8 jang<br>Koryo, Keumgang, Taeback                        |
| 18 - 30 year             | Taegeuk 6, 7, 8 jang, Koryo<br>Keumgang, Taeback, Pyongwon, Sipjin            |
| 31 - 40 year             |   |
| 41 - 50 year             | Taegeuk 8 jang, Koryo, Keumgang, Taeback<br>Pyongwon, Sipjin, Jitae, Chonkwon |
| 51 - 60 year             | Koryo, Keumgang, Taeback, Pyongwon<br>Sipjin, Jitae, Chonkwon, Hansu          |
| 61 - 65 year             |   |
| plus 66 year             |   |

All age categories in the competition are based on the year of birth. For example, if someone is 18 years old on the day of the competition but will become 19 before the end of the year (2016) then he/she will participate in the category of 1<sup>st</sup> Seniors (19-30 years old).

| <b>Pair division</b>         | <b>A - class Poomsae<br/>DRAWING LOTS</b>                                      |
|------------------------------|--|
| Pup. & Asp.<br>Up to 11 year | Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo  |
| Cadets<br>12 - 14 year       | Taegeuk 3, 4, 5, 6, 7, 8 jang, Koryo, Keumgang                                 |
| Juniors<br>15 - 17year       | Taegeuk 4, 5, 6, 7, 8 jang,<br>Koryo, Keumgang, Taeback                        |
| 18 - 30 year                 | Taegeuk 6, 7, 8 jang, Koryo<br>Keumgang, Taeback, Pyongwon, Sipjin             |
| plus 31 year                 | Taegeuk 8 Jang, Koryo, Keumgang, Taeback,<br>Pyongwon, Sipjin, Jitae, Chonkwon |
| <b>Team division</b>         | <b>A - class Poomsae<br/>DRAWING LOTS</b>                                      |
| Pup. & Asp.<br>Up to 11 year | Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo  |
| Cadets<br>12 - 14 year       | Taegeuk 3, 4, 5, 6, 7, 8 jang, Koryo, Keumgang                                 |
| Juniors<br>15 - 17 year      | Taegeuk 4, 5, 6, 7, 8 jang,<br>Koryo, Keumgang, Taeback                        |
| 18 - 30 year                 | Taegeuk 6, 7, 8 jang, Koryo,<br>Keumgang, Taeback, Pyongwon, Sipjin            |
| plus 31 year                 | Taegeuk 8 Jang, Koryo, Keumgang, Taeback,<br>Pyongwon, Sipjin, Jitae, Chonkwon |

### Drawing lots

**A-Class : BY DRAWING LOTS** – announcement on [www.taekwondo.be](http://www.taekwondo.be) **3 days before the competition!!!**

**B, C & D-Class : FREE TO CHOOSE** – but required to register at [www.tpss.eu](http://www.tpss.eu) **before the deadline!!! ( See table in attachment )**

**A-class 1st round:** 1 form, 2nd round: 1 form, final: 2 forms

**B -class 1st round:** 1 form, 2nd round: 1 form, final: 2 forms

**C- class1st round:** 1 form, 2nd round: 1 form, final: 2 forms

**D -class1st round:** 1 form, 2nd round: 1 form, final: 1 form

Mode: Class A

Cut-Off System will be as follows:

Categories: + 20 competitors 3 rounds

Categories: 9/19 competitors 2 rounds

Categories: 8 competitors final round

1st round: 1 taegeuks / poomsae

2nd round: 1 taegeuks / poomsae

3th round: (final) 2 taegeuks / poomsae

Categories: + 20 competitors: 3 rounds, from the preliminary round 50% goes to semi-final. From the semi-final the best 5 goes to the final.

Categories: 9/19 competitors: There will be 2 rounds. The best 5 goes to final.

(including participants with equal scores) (possibility for extra rounds in case of equal scores to qualify for the finals)

Categories: 8 competitors or less: There will be only one final round ( 2 poomsae )

**B, C & D-Class : FREE TO CHOOSE** – but required to register at [www.tpss.eu](http://www.tpss.eu) before the deadline!!! ( See table in attachment )

| <b>Individual Divisions</b>  | <b>B - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|------------------------------|---|
| Pupils<br>Up to 8 year       | Taegeuk 1, 2, 3, 4 jang                     |
| Aspirants<br>9 - 11 year     | Taegeuk 1, 2, 3, 4, 5, 6 jang               |
| Cadets<br>12 - 14 year       | Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 jang         |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| 31 - 40 year                 |   |
| 41 - 50 year                 |   |
| 51 - 60 year                 |   |
| 61 - 65 year                 |   |
| plus 66 year                 |   |
| <b>Pair division</b>         | <b>B - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
| Pup. & Asp.<br>Up to 11 year | Taegeuk 1, 2, 3, 4 jang                     |
| Cadets<br>12 - 14 year       | Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 jang         |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| plus 31 year                 |   |
| <b>Team division</b>         | <b>B - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
| Pup. & Asp.<br>Up to 11 year | Taegeuk 1, 2, 3, 4 jang                     |
| Cadet<br>12 - 14 year        | Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 jang         |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| plus 31 year                 |   |

| <b>Individual Division</b> | <b>C - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|----------------------------|---|
| Pupils<br>Up to 8 year     | Taegeuk 1, 2 jang                           |
| Aspirants<br>9 - 11 year   | Taegeuk 1, 2, jang                          |
| Cadets<br>12 - 14 year     | Taegeuk 1, 2, 3, jang                       |
| Juniors<br>15 - 17 year    |   |
| 18 - 30 year               |   |
| 31 - 40 year               |   |
| 41 - 50 year               |   |
| 51 - 60 year               |   |
| 61 - 65 year               |   |
| plus 66 year               |   |

| <b>Pair division</b>         | <b>C - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|------------------------------|---|
| Pup. & Asp.<br>Up to 11 year | Taegeuk 1, 2 jang                           |
| Cadets<br>12 - 14 year       | Taegeuk 1, 2, 3 jang                        |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| plus 31 year                 |   |

| <b>Team division</b>         | <b>C - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|------------------------------|---|
| Pup. & Asp.<br>Up to 11 year | Taegeuk 1, 2 jang                           |
| Cadets<br>12 - 14 year       | Taegeuk 1, 2, 3 jang                        |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| plus 31 year                 |   |

| <b>Individual Division</b> | <b>D - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|----------------------------|---|
| Pupils<br>Up to 8 year     | Taegeuk 1, 2 jang                           |
| Aspirants<br>9 - 11 year   | Taegeuk 1, 2 jang                           |
| Cadets<br>12 - 14 year     | Taegeuk 1, 2 jang                           |
| Juniors<br>15 - 17 year    |   |
| 18 - 30 year               |   |
| 31 - 40 year               |   |
| 41 - 50 year               |   |
| 51 - 60 year               |   |
| 61 - 65 year               |   |
| plus 66 year               |   |

| <b>Pair division</b>         | <b>D - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|------------------------------|---|
| Pup. & Asp.<br>Up to 11 year | Taegeuk 1, 2 jang                           |
| Cadets<br>12 - 14 year       | Taegeuk 1, 2 jang                           |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| plus 31 year                 |   |

| <b>Team division</b>         | <b>D - CLASS Poomsae<br/>FREE TO CHOOSE</b> |
|------------------------------|---|
| Pup. & Asp.<br>Up to 11 year | Taegeuk 1, 2 jang                           |
| Cadets<br>12 - 14 year       | Taegeuk 1, 2 jang                           |
| Juniors<br>15 - 17 year      |   |
| 18 - 30 year                 |   |
| plus 31 year                 |   |

Para Tkd – only individual (Male/Female separate)

1<sup>st</sup> dan/poom and higher, 8<sup>th</sup> kup – 1<sup>st</sup> kup. Age up to 29 years old, +30 years

Each participant is free to choose (1) Taegeuk (1) Poomsae. There will be one round only.

Free Style Poomsae:

Individual, Pair, and Mixed Team for only A-Class Categories.

Age up to 29 years old, +30 years

Musical form max 120sec (bring your music on CD)

Obligatory Dwit kubi, Beom seogi, Hakdari soegi

Entry Applications

Online: registration please go to [www.tpss.eu](http://www.tpss.eu)

Deadline

**February 25<sup>th</sup> 2016!!!** A maxim. of 300 participators

Time Table

Friday 4<sup>th</sup> March 2016 18.30 / 20.00hrs registration at the Sport Hall.

Saturday 5<sup>th</sup> March 2016 07.30 – 08.30hrs local time

09.00h Judges meeting meeting 9.45 am opening ceremony

10.30hrs Contests 18.00hrs: awarding ceremony.

The detailed time schedule will be available at the registration

Entry Fee

Individual: € 25,- Pairs: (2) € 35,- Teams: (3) € 35,-

Spectators Adult € 7,00 Childeren – 10 year admission free

Head of team is granted free admission only for national teams.

**Entry fees must be paid by bank in advance: Before February 22th 2016!!!**

Name: Taekwondo academy GE-We.Wellen

**Account number. IBAN. BE15 0011 9676 9630 / BIC. GEBABEBB**

**Mentioning** OCC Poomsae 2016 name team (+ number of participants ind. pair. team)

**Payment on the day of the tournament is 30€/** for each contestant ( Individual)

Awards:

To all winners of 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place Teams 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> place

Teams : Gold m. 7 point, Silver m. 3 point, Bronze m. 1point

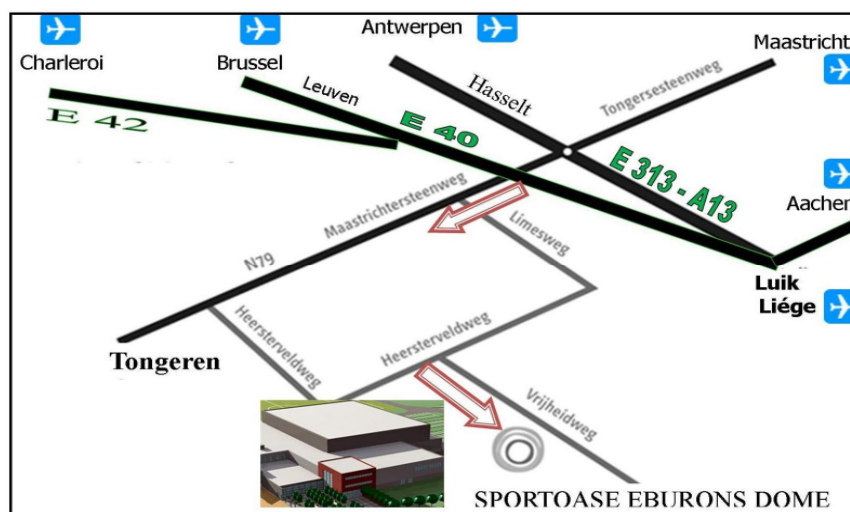
Hall Rules

Only the competitors and their coaches have admittance by the registration cards to the contest areas. One (1) coach for every five (5) competitors has free admission with a maximum of four (3) coaches per team. Only in sportswear.

- Protest:** Only the official coach is allowed to protest to the LSC, immediately after the end of the contest within 10 minutes. An amount of € 25,- will have to be paid to the competition board. The decision of the referee chairman is final.
- Visa** The Ministry of Foreign Affairs of The Belgian advises that those participants which need visa for entry into Belgium should apply for visa at least one (1) month before arrival in Belgium i.c. before February 2016  
In case you need support please contact  
Tournament Director: Mr. Bruno Graziano Phone/Fax + 32 ( 0 ) 11.31.49.41  
E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)
- Liability** All competitors are considered to participate at their own risk. The organisation crew and the organizer assume no responsibility for any damages, injuries or losses.
- Referee** We will have a neutral competition,  
Each team invited, will be asked to support us with maximum 1 national or international Referee  
As there are not enough referees, we will complete it with national Referees.  
All judges who participate will receive a monetary allowance (€ 50 day) as well as free full lunch and refreshments.  
Application forms send- fax - email to: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)  
Information Graziano Bruno Tel./ Fax: +32 (0)11. 31.49.41 Mobil +32 0475 61 38 39

### Place to be

“Sportoase Eburons Dome” Vrijheidweg 9, 3700 Tongeren Belgium





Accommodation: Hotel, Youthcenter

Begeinshof Tongeren (Youthcenter ) **Low price**  
Sint-Ursulastraat 1 3700 Tongeren (± 5 Km.)  
Phone: +32(0)12 39 13 70 / Fax: +32 (0)12 39 13 48  
[begeinshof@devoorzorg.be](mailto:begeinshof@devoorzorg.be) [www.jeugdherbergen.be](http://www.jeugdherbergen.be)

Sporhotel Kattevenia Bloso  
Kattevennen 15 3600 Genk (15Km) **Low price**  
Tel.: 089 86 91 30 Fax: 089 86 91 44  
E-mail: [genk@bloso.be](mailto:genk@bloso.be) [www.bloso.be](http://www.bloso.be)

Hotel Limburgia  
Op 't Broek 43770 Kanne (Riemst) (5 km)  
Phone: + 32 (0) 12 45 46 00 Fax: 0032 (0)12 - 45 66 28

E-mail: [hotellimburgia@pandora.be](mailto:hotellimburgia@pandora.be)  
[www.hotellimburgia.be](http://www.hotellimburgia.be)

Gastenkamers Campola (± 5 Km.)  
Koninksemstraat 186 3700 Koninksem Tongeren  
Phone Fax:+ 32 (0) 12 23 36 65  
[campola.traiteur@skynet.be](mailto:campola.traiteur@skynet.be)

BAVERSHOF  
Elderenstraat 133 - 3700 Tongeren (± 5 Km.)  
Phone: + 32(0) 12 23 43 18 fax : + 32(0) 12 39 25 18  
[bavershof@telenet.be.net](mailto:bavershof@telenet.be.net) [www.bavershof.be](http://www.bavershof.be)

Hotel Arte  
Europalaan 68 3600 Genk (± 15 Km.)  
Phone. +32 (0)89 35 20 06 Fax: + 32 (0)89 36 10 36  
[info@hotelarte.com](mailto:info@hotelarte.com) <http://www.hotelarte.com>

“De Roerdomp” (Youthcenter) ( **low price** )  
Boekrakelaan 30 3600 Bokrijk - Genk (± 20 Km.)  
Phone +/32 (0) 89 35 62 20 Fax + 32 089 30 39 80  
[bokrijk@vjh.be](mailto:bokrijk@vjh.be) [www.jeugdherbergen.be](http://www.jeugdherbergen.be)  
**Bed & Breakfast € 15,40**

Fam. Franssens  
Ganzebroekstraat 13 3590 Diepenbeek (± 10 Km.)  
Phone +32 (0)11 72 53 08 Fax + 32 (0) 11 72 53 08  
[eric.franssens@telenet.be](mailto:eric.franssens@telenet.be) [www.familiefranssens.be](http://www.familiefranssens.be)

Hotel-Gasthof Boniface  
Toekomststraat 27  
3770 Riemst-Heukelom (± 10 Km.)  
Telefoon: +32-(0)12-458650 Fax: +32-(0)12-742360  
[hotel@gasthof-boniface.com](mailto:hotel@gasthof-boniface.com)  
<http://www.gasthof-boniface.com>

More information:  
Tourist office Limburg +32 (0)11 23.74.50,  
Fax: +32 (0)11 27.74.66 [info@toerismelimburg.be](mailto:info@toerismelimburg.be)

EBURON HOTEL  
de Schiervelstraat 10, 3700 Tongeren (± 5 Km.)  
Phone: + 32 (0) 12 23 01 99 fax :+32 (0)12 26 13 70  
[info@eburonhotel.be](mailto:info@eburonhotel.be) [www.eburonhotel.be](http://www.eburonhotel.be)

Hotel Malpertuus  
Tongersesteenweg 145 3770 Riemst (± 5 Km.)  
Phone + 32 (0) 12 45 15 38 Fax + 32 (0) 12 45 57 73  
[www.malpertuus.be](http://www.malpertuus.be)

Hotel AMBIOTEL  
Veemarkt 2 3700 TONGEREN (± 5 Km.)  
Phone + 32 (0) 12 26 29 50 Fax : +32 (0)12 26 15 42  
[www.ambiotel.be](http://www.ambiotel.be) [ambiotel.tongeren@belgacom.net](mailto:ambiotel.tongeren@belgacom.net)

Bed & Breakfast Beerehunger  
Maastrichterstraat 415 - 3740 Mopertingen (10Km)  
Phone + 32 (0)89 41 28 77

“Hotel Chemin de Fer”  
Stationslaan 44, 3700 Tongeren, (± 5 Km.) **Low Price**  
Phone. / Fax: +32 (0)12 23.31.05

“Hotel ‘t Zwin”  
Nieuwstraat 115, 3590 Diepenbeek, (± 15 Km.)  
Phone. / Fax: +32 (0)11 35.15.01,

OaseHotel  
Havenstraat 18, **3600** Genk (± 15 Km.)  
Phone +32 (0)89 35 32 67 Fax+32 (0)89 30 33 17  
[oase.nv@telenet.be](mailto:oase.nv@telenet.be) [www.oasegenk.be](http://www.oasegenk.be)

“Hotel Century”  
Leopoldplein 1, 3500 Hasselt (± 20 Km.)  
Phone +32 (0)11 22.47.99 Fax +32 11 23 18 24  
[hotel@century.be](mailto:hotel@century.be) [www.century.be](http://www.century.be)

“ Hotel Ibis”  
Thonissenlaan 52 3500 Hasselt (± 20 Km)  
Phone 32 11 23 11 11 Fax 32 11 24 33 23  
[h1456@accor.com](mailto:h1456@accor.com) <http://www.ibishotel.com>

“ Hotel Holiday Inn”  
Kattegatstraat 1 3500 Hasselt (± 20 Km.)  
Phone +32 11 24 22 00 Fax 32 11 22 39 35  
[hotel@holiday-inn-hasselt.com](mailto:hotel@holiday-inn-hasselt.com)  
<http://www.holiday-inn.com/hasseltbel>

Best Western Hotel Atlantis  
Fletersdel 1 B-3600 Genk (± 18Km.)  
Tel: +32 (0) 89/321010  
[info@hotelatlantis.be](mailto:info@hotelatlantis.be) <http://www.hotelatlantis.be>