

INTERNATIONAL TAEKWONDO TOURNAMENT

09.00

24 MAY

JÜRI
SPORTSCENTER

RAE
TAEKWONDO
OPEN 2025

KYORUGI + POOMSAE



DATE: 24 MAY 2025

PROMOTED: ESTONIA TAEKWONDO FEDERATION

ORGANIZER: BLACK BELT CLUB

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REGISTRATION: Online registration at www.tpss.eu

Deadline 19.05.2025

REFEREE & RULES

COORDINATOR: Ragne Valk



JÜRI SPORTSCENTER

Laste tn 3, Jüri, Harjumaa, Estonia



9 km from Tallinn

TIMETABLE

		
19 MAY	23 MAY	24 MAY
REGISTRATION DEADLINE	WEIGHT-IN 18:00-20:00 VENUE	Random Weight-in 8:00-8:30
	Weight-in list & drawsheets online 22:00	Coaches meeting 8:30
		Comp. START 9:00

At the end of competition will be lottery, gifts from budopunkt and kukkiwon

Participation requirement:

All athletes of WT Taekwondo family. Certification of the Geup/Dan grade can be asked on registration. Written consent of the parent or legal guardian is required for the minor contestant, in which they agree for their participation and recognize the outline in all its parts. With the registration, the competitors as well as the clubs accept all points of the outline. The age is to be proved during the registration by presentation of the valid personal ID card or passport.

All Estonian competitors must have ETF License for 2024-2025. This does not apply for foreign competitors.

KYROUGI CATEGORIES

SENIORS	17 and older	born in 2008 or before
JUNIORS	15-17 years old	born in 2008, 2009 or 2010
CADETS	12-14 years old	born in 2011, 2012 or 2013
MINORS	10-11 years old	born in 2014 or 2015
PUPILS	8-9 years old	born in 2016 or 2017
MINIS	up to the 7 years old	born in 2018 or later

***No Head contact on PUPILS and MINIS categories.**

****one athlete can enter max. 2 categories. One into his age group and other into higher age group.**

WEIGHT DIVISIONS:

SENIORS				
MALE	-58 kg	-68 kg	-80 kg	+80 kg
FEMALE	-49 kg	-57 kg	-67 kg	+67 kg

JUNIORS					
MALE	-48 kg	-55 kg	-63 kg	-73 kg	+73 kg
FEMALE	-44 kg	-49 kg	-55 kg	-63 kg	+63 kg

CADETS										
MALE	-33	-37	-41	-45	-49	-53	-57	-61	-65	-65
FEMALE	-29	-33	-37	-41	-44	-47	-51	-55	+59	+59

MINORS	-27	-30	-33	-36	-40	-44	-48	-52	-57	+57
M & F										

PUPILS	-20	-22	-24	-26	-28	-30	-32	-34	-37	-40	+40
M & F											

MINIS	-18	-20	-22	-24	-26	-28	-30	-32	-34	-37	+37
M & F											

If there are less than 3 participants in a category, categories may be combined. During competition all players must match his age categories.

Match time:

Minors/Pupils/Minis: round **1** minute, break **1** minute.

Cadets: round **1,5** minute, break **1** minute

Juniors: round **2** minutes, break **1** minute

Seniors: round **2** minutes, break **1** minute

Best of three (3) system will be used

Competition rules:

The competition rules are based on the actual rules of World Taekwondo. Protest fee 100€. The decision of the referee chairman is final.

Coaches:

All coaches must be over 16 years of age, dressed in appropriate clothing (training gear, sneakers) and behaving in a respectful manner.

Competition information:

The participants shall wear the WT recognized Taekwondo Uniform. **Daedo PSS GEN 2** will be used at this Tournament and will be provided by the OC. All athletes must bring their own Daedo sensor socks. Groin/forearm/shin guards and gloves are compulsory and must be brought by the contestants. Mouth piece is compulsory (only white or transparent)! Flexy glass head protector for cadet and kids categories required.

Liability:

All competitors participate at their own risk. With the registration each contestant or her/his guardian agrees explicitly to the exclusion of liability. Promoter and organizer do not accept responsibility for any damages to persons or property! The competitors explicitly accept the current NADA/WADA(National & World Antidoping Agency) code with their registration.

Registration:

The registration must be done by the clubs online on tpss.eu Deadline **19 may 2025**. With the registration the clubs, competitors and the parents or the legal guardian agrees that they accept the participation and they do know this announcement. Every participant consider that he/she has in a healthy condition and that he/she accepts the rules of this competition.

Registration fee:

45€	Per one athlete
60€	Per one athlete 2 divisions
60€	Per one athlete Kyrougi + Poomsae

ACCOUNT NAME: BLACK BELT CLUB

NAME OF BANK: SWEDBANK

IBAN: EE952200221062895760

REFERENCE: RAE OPEN + TEAM NAME

Payment must be done per team or club.

Athletes who do not belong to official MNA club of citizenship country pay: 100€ till 19.05.2025.

Change of weight categories during weigh-in could be done. The fee is 15€.

Minor constants have to show an agreement of the parents or the guardians during weigh-in to change the category. Single competitors in category could be added to the higher weigh class.

If the athlete registered online does not take part in the competition for some reason, but he/she has not been removed from the list of participants before deadline(19. may 2025) his/her team officially must fully (%100) pay his/her entry fee for the participation.

POOMSAE INFORMATION:

Article 1 Contestant

1. Contestants´ uniforms Contestants shall wear WT uniform only.

Article 2 Classifications of Competition

Contestants may compete up to two (2) categories of competition unless he or she is limited by gender or age.

1. Recognized Poomsae Competition

1-1 White belt – green stripe belt Individual (C- class)

1-2 Green belt – red stripe belt Individual (B-class)

1-3 Red belt – black belt Individual (A-class)

1-4 White belt – green stripe belt Team (C-class)

1-5 Green belt – red stripe belt Team (B-class)

1-6 Red belt-black belt Team (A-class)

Division		Under 11	Cadet	Junior	Under 30	Over 30
AGE		6-11	12-14	15-17	18-30	31-65
Individual	1	1	1	1	1	1
	1	1	1	1	1	1
	1	1	1	1	1	1
Division		Under 11		Cadet, Junior		Over 17
AGE		6-11		12-17		Over 17
TEAM	3	3	3	3	3	3
	3	3	3	3	3	3
	3	3	3	3	3	3

Article 4 Methods of Competition

3 The systems of competition are divided as follows. Methods of competition shall be decided by Technical Delegate and shall be stated at outline of championships prior to championships.

Single elimination tournament system

Article 5 Designated Compulsory Poomsae by division among Recognized Poomsae

Competition	Division	Compulsory Poomsae
Individual White belt – green stripe belt	Under 11 (6-11 years old)	Taegeuk (1) Jang
	Cadet Division (12-14 years old)	
	Junior Division (15-17 years old)	
	Under 30 (18-30 years old)	
	Over 30 (31-65 years old)	
Individual Green belt – red stripe belt	Under 11 (6-11 years old)	Taegeuk (2,3,4,5) Jang 2 pick
	Cadet Division (12-14 years old)	
	Junior Division (15-17 years old)	
	Under 30 (18-30 years old)	
	Over 30 (31-65 years old)	
Individual Red belt – black belt	Under 11 (6-11 years old)	Taegeuk (5,6,7,8) Jang 2 pick
	Cadet Division (12-14 years old)	
	Junior Division (15-17 years old)	
	Under 30 (18-30 years old)	
	Over 30 (31-65 years old)	
Team White belt – green stripe belt	Under 11 (6-11 years old)	Taegeuk (1) Jang
	Cadet, Junior (12-17 years old)	
	over 17 (18-65 years old)	
Team Green belt – red stripe belt	Under 11 (6-11 years old)	Taegeuk (2,3,4,5) Jang 2 pick
	Cadet, Junior (12-17 years old)	
	over 17 (18-65 years old)	
Team Red belt- Black belt	Under 11 (6-11 years old)	Taegeuk (5,6,7,8) Jang 2 pick
	Cadet, Junior (12-17 years old)	
	over 17 (18-65 years old)	

Article 6 Duration of Contest

1. Duration of Contest by Division

Recognized Poomsae: Individual, Pair, and Team competitions up to 90 seconds

Article 7 Procedures of contest

1. Pre-contest and post-contest procedures

1-1 The contests hall begin after the declaration of “Chool-jeon”, “Cha ryeot”, “Kyeong rye “Joon-bi” and “Shi-jak” by the competition coordinator.

1-2 After the end of the each Poomsae, the contestants shall stand in their respective positions and make a standing bow at the coordinator’s command of “Ba-ro, Cha-ryeot, Kyeong-rye, and She-uh.” Contestants shall wait until the coordinator’s declaration of “Pyo-chul”

1-3 The referee shall declare the winner according to the results of the judges.

1-4 Contestant’s exit

Data regulations: *We want to let You know that You agree with the registration that we could publish personal data in our purpose. This purpose are according to the rules of Estonian data regulations. We could publish personal data via media and results regarding to this competition. Each participant agrees that his/her names, weight categories, club and country information, results, photos, videos and so on could be published in the internet and in print papers and medias according to the Estonian data regulations. 1-03.01.2019*