

LONDON
INTERNATIONAL

2nd OPEN

POOMSAE TAEKWONDO
CHAMPIONSHIPS

3 - 4 MAY 2025

LEE VALLEY ATHLETICS CENTRE



Dear Sir/Madam,

On behalf of NextGen Taekwondo Events, it is with great pleasure that we invite you and your athletes to participate at the 2nd London International Open Poomsae Taekwondo Championships, which will be held in London, 3-4th May 2025.

Building on the success of this event from last year, we are committed to making this year's event ever better by adhering to the highest standards of organisation and preparation, ensuring fair play and maximum transparency with the best international referees.

More importantly, we will ensure to create a highly competitive yet friendly environment for all participating teams.

We truly hope to welcome you to participate in what will be an unforgettable event in the wonderful city of London in May.

Yours Sincerely,

Dr. Said Khelwatty

Chair of Organising Committee

Mr. Siva Ramasamy

Championship Director

Mrs. Gemma Biescas

Technical Director

WhatsApp QR Code



WhatsApp Group Link:

<https://chat.whatsapp.com/HE49yHd0aOa9RNSE7FVYAR>

To participate in WhatsApp Group, please enter in WhatsApp application and scan QR Code or just click the link above.

All updates will be published in the group.

ORGANISATION

Promoter:

NextGen Taekwondo Events Ltd

info@londontaekwondochampionships.co.uk

Sanctioned by:

British Taekwondo

www.britishtaekwondo.org

VENUE

Venue:

Lee Valley Athletics Centre

Address:

61, Meridian Way

London

N9 0AR

<https://maps.app.goo.gl/cMNmDNZ24MDW8d6i9>

CONTESTANTS & RULES

Category	Method of Competition
All Recognised DAN & K1 Categories	Single Elimination (Side by Side)
All Recognised KUP (K3 & K2) Categories	Cut-off followed by Single Elimination (Side by Side) in the Final round
Freestyle Poomsae	All Final Round / Cut-Off System
Para Poomsae P20/P30/P50/P70	Single Elimination (Alternate athlete)
Para Poomsae P10/P40/P60	Cut-Off System

All athletes, where relevant, will be placed in a random unseeded draw for single elimination.

Uniform:

WT Recognised Poomsae doboks must be worn, for information see:

www.worldtaekwondo.org/wtpartners-wt/recognize.html

KUP grades may wear standard WT Recognised white collar doboks

All coaches must wear the correct coaching attire, either team tracksuit or smart suit. No doboks & flip flops allowed.

Age:

All age categories are based on year of birth not age at the competition.

ACCREDITATION

Accreditation packs can be collected Friday 2nd May or early on the competition day.

Media accreditations must be authorised in advance by the organisers.

Please upload pictures of your athletes and coaches when registering on TPSS for accreditation.

REGISTRATION

Registration will be through the following site: <https://www.tpss2021.eu/>

Registration Open: Friday 7th February 2025

Early Bird Registration End: Sunday 23rd March 2025

Deadline Early Bird Payments: Sunday 30th March 2025

Final Registration Closed: Sunday 13th April 2025

Deadline for Final Payments: Sunday 20th April 2025

There will be **NO** onsite registration.

IMPORTANT: If an athlete registered online does not take part in the competition for some reason, but he/she has not been removed from the list of participants/team before deadline (13th April 2025) his/her team officially must fully (100%) pay his/her entry fee for the participation or else athlete/athletes from their team cannot participate in the tournament.

All registration fee payments should be completed by the deadlines; please consider the SWIFT durations.

ENTRY FEES

Divisions & Categories		Early Bird Registration	Standard Registration
Recognised DAN, K1 KUP & Freestyle	Individual	£85	£95
	<i>Per Pair</i>		
	<i>Per Team</i>		
PARA & K2 (6th – 3rd KUP)	Individual	£70	£80
	<i>Per Pair</i>		
	<i>Per Team</i>		
K3 (9th – 7th KUP)	Individual	£60	£70
	<i>Per Pair</i>		
	<i>Per Team</i>		

After 23rd March 2025 the Early Bird lower registration fee will no longer apply.

Payments must be made by Bank Transfer in advance, before the deadline as a total for each registered team or club, for the correct amount in **UK Pound Sterling (£)**.

All bank transfer shall be paid to the following bank account:

Beneficiary: Nextgen Taekwondo Events Ltd

Name of the bank: Starling Bank

IBAN: GB48SRLG60837111670000

BIC/SWIFT: SRLGGB2L

Bank Address: 5th Floor, London Fruit And Wool Exchange, 1 Duval Square,
London, E1 6PW

Payment reference: TEAM NAME

Example: Team GERMANY

Domestic UK clubs can use the following bank details to make payments:

Account name: Nextgen Taekwondo Events Ltd

Account: 11670000

Sort code: 608371

Note:

1. Consider the Corresponding Bank Fee, be aware that they can deduct a service fee.
2. Bank transaction expenses should be set to "OUR".
3. Any difference in the team entry fee must be paid at the accreditation centre during registration.
4. Please note we have a **NO REFUND** policy.

Please send the proof of payment or SWIFT MT103 Document to

info@londontaekwondochampionships.co.uk

Changes of category after the deadline are allowed at £50.

1 Coach free entrance per 5 participants. Extra coach passes: £30 per pass.

SPECTATOR TICKETS

Spectator entry tickets can be purchased online via **Eventbrite** (links below).

Children below age of 5 years will be granted free entry.

[General Admission Ticket \(Day 1\) Saturday 3rd May](#)

[General Admission Ticket \(Day 2\) Sunday 4th May](#)

[Weekend Pass \(Saturday 3rd & Sunday 4th May\)](#)

Please note we have a **NO REFUND** policy.

DRAWING OF LOTS

Drawing of lots session shall be conducted one (1) day prior to the start of the championships and it will be published on

www.londontaekwondochampionships.co.uk and on our social media platforms as well as the official WhatsApp Group.

CLASSIFICATION OF RESULTS

Medals will be awarded to the top four athletes in the respective categories i.e. 1st, 2nd, 3rd & 3rd place immediately after the category final at the podium area.

The following club team awards will be given at the end of competition day:

Recognised Poomsae Dan & Freestyle Combined	1 st / 2 nd / 3 rd
Kup Poomsae	1 st / 2 nd / 3 rd

The team points will be allocated as below:

1st place = 9 points, 2nd = 6 points, 3rd = 3 points, 4th = 2 points

Any mixed club entries' team's points will be divided equally between the clubs.

RECOGNISED DAN COMPULSORY POOMSAE RANGE

- Randomly selected Poomsae from the compulsory range below
- Two (2) randomly selected Poomsae decided for every match must be performed for all competitions
- Designated Poomsae will be shown through the TV monitor on the Field of Play

Category	Compulsory Range
U11 (Individual / Pair / Team)	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
U14 (Individual / Pair / Team)	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
U17 (Individual / Pair / Team)	Taegeuk 5, 6, 7, 8 jang, Koryo, Keumgang, Taebaek, Pyongwon
U30 & U40 (Individual)	Taegeuk 7, 8 jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae
U50 (Individual)	Taegeuk 8 jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
U60 / U65 / U70 / 71+ (Individual)	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
U30 (Pair / Team)	Taegeuk 7, 8 jang, Koryo, Keumgang, Taebaek, Shipjin, Jitae
U50 (Pair / Team)	Taegeuk 8 jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
U60 / 61+ (Pair / Team)	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

FREESTYLE COMPETITION INFORMATION

- All Freestyle divisions will take place on day 2, **Sunday 4th May**.
- Freestyle Teams & Pairs must be the correct ages and M/F configuration with WT Rules.
- The music must be the correct length and not contain words, lyrics or contain any political, social, religious, or offensive content.
- Athletes must bring their music in MP3 format on a 'named' USB-stick – the digital file should contain the Team Name/Athlete Name/Athlete Category.
- Apple audio format is not allowed. The freestyle music will be collected on the competition day after the competition has started, an announcement will be made calling the athletes to the computer desk to submit and check their music.

PARA POOMSAE COMPETITION INFORMATION

The Para Poomsae will include the WT classified categories P20/P30/P50/P70 for Senior (16yrs & over) **Dan A-Class only**.

All athletes (P20, P30, P50, P70) must have a valid WT Para classification to be eligible to compete. For the above categories the tournament system will be single elimination.

Para DAN Divisions and Poomsae Choice Range (P20/P30/P50/P70)

Para athletes must perform one Poomsae from group 1 and one Poomsae from group 2 of the compulsory list.

Age Categories	Group 1	Group 2
Senior (16yrs & over)	Taegeuk 4, 5, 6, 7 jang	Taeguek 8 jang, Koryo, Keumgang, Taebaek
	Taegeuk 4, 5, 6, 7, 8 jang	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Taegeuk 4, 5, 6, 7, 8 jang	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin

Poomsae Keumgang will be excluded from P30 classes.

Para Sports Classes

P21 (II1), P22 (II2), P23 (II3)	Senior (M/F)
P31, P32, P33, P34, P35	
P51, P52, P53	
P72	

For inclusion and international development, the competition will also include P10, 40 & P60 categories. The tournament for these sports classes will be cut-off system and competitors' choice of Poomsae.

P10 Visual Impairment	Senior (M/F)
P40 Physical Impairment	
P60 Hearing Impairment	

KUP COMPETITION INFORMATION

K1 (2nd & 1st Kup)

Category	Compulsory Range
U9 (Individual / Pair / Team)	<p>Taegeuk 4, 5, 6, 7, 8 jang</p> <p>Compulsory Poomsae will be drawn from the range above for each round.</p>
U11 (Individual / Pair / Team)	
U14 (Individual / Pair / Team)	
U17 (Individual / Pair / Team)	
U30 (Individual / Pair / Team)	
U45 (Individual / Pair / Team)	
46+ (Individual / Pair / Team)	

K2 (6th to 3rd Kup)

Category	Compulsory Range
U9 (Individual / Pair / Team)	<p>Competitors choice of Poomsae from Taegeuk 2, 3, 4, 5, 6 in the preliminary and semi-final rounds.</p> <p>Poomsae cannot be repeated in the same round.</p> <p>Final (8 competitors) round will compete in single elimination format with Taegeuk 3 & 4 as the compulsory Poomsae for ALL K2 categories.</p>
U11 (Individual / Pair / Team)	
U14 (Individual / Pair / Team)	
U17 (Individual / Pair / Team)	
U30 (Individual / Pair / Team)	
U45 (Individual / Pair / Team)	
46+ (Individual / Pair / Team)	

K3 (9th to 7th Kup)

Category	Compulsory Range
U9 (Individual / Pair / Team)	<p>Competitors choice of Poomsae from Taegeuk 1, 2, 3 jang in the preliminary and semi-final rounds.</p> <p>Poomsae can be repeated in the same round.</p> <p>Final (8 competitors) round will compete in single elimination format with Taegeuk 1 & 2 as the compulsory Poomsae for ALL K3 categories.</p>
U11 (Individual / Pair / Team)	
U14 (Individual / Pair / Team)	
U17 (Individual / Pair / Team)	
U30 (Individual / Pair / Team)	
U45 (Individual / Pair / Team)	
46+ (Individual / Pair / Team)	

COMPETITION SCHEDULE

(Subject to change)

DATE	TIME	EVENT	LOCATION
Friday 2 nd May	12:00 – 20:00	Registration & Accreditation	VENUE
Saturday 3 rd May	09:00 start!	All Individual divisions (KUP & DAN)	VENUE
Sunday 4 th May	09:00 start!	All Pairs & Teams divisions (KUP & DAN) Freestyle Poomsae All Para Poomsae medal events	VENUE

INSURANCE & INDEMNITIES

All coaches (over 18 years old) and competitors from the United Kingdom must have a valid British Taekwondo Membership for the audit.

The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective insurance & indemnity coverage.

DISCLAIMERS

- Organisers have the right to make any necessary changes. All competitors participate at their own risk, no claim whatsoever can be made against the organisers.
- The organisers shall not accept responsibility for any damages, injuries, or losses sustained or incurred. By entering the Championships, you are agreeing to the taking of photographs and media images to be used to promote the Championships.
- All freestyle competitors will need to sign a waiver on the day of the championships to accept full responsibility for an injury they may sustain.
- Competitors requiring a TUE for prohibited medication will need to complete this application and submit a copy to the organizer before the event.

PROTESTS

Any protests must be made by the Club Coach on completion of the Official Protest form within 10 minutes of the end of that contest to the Technical Delegate/CSB. The protest fee is £150.

MEDICAL & ANTI-DOPING

The WT Medical code, Anti-Doping Rules are applicable. Athletes who take any substance or medicine on the prohibited list for therapeutic purposes are requested to submit a TUE.

HASH TAGS & SOCIAL MEDIA

Please follow our page and post to join us in celebrating the event on social media:

Facebook page: London Taekwondo Championships

Instagram: London Taekwondo Championships

Hash Tags: #Londonioptc #Londonopen25 #NextGenTkdEvents #WorldTaekwondo
#BritishTaekwondo #EuropeanTaekwondoUnion