



## SLOVAKIA National League - Poomsae

**Promoter:** Slovak TKD Association, Mgr. Mário Švec, [satkd.prezident@gmail.com](mailto:satkd.prezident@gmail.com), +421905267973

**Organized by:** Koryo TKD Slávia UPJŠ Košice, Stierova 29, Košice SLOVAKIA

**Contact:** Ing. Vladimíra Šreinerová, [koryokosice@gmail.com](mailto:koryokosice@gmail.com), +421908036680 accommodation, Filip Švec, [koryokosice.trener@gmail.com](mailto:koryokosice.trener@gmail.com) – trainer

**Date:** 3rd May 2025

**Place:** Handball Hall Slavomíra Šipoša, Alejová 2, Košice, (behind HORNBAACH Shopping Center)

**Registration:** [www.tpss.eu](http://www.tpss.eu) / [www.fitofan.com](http://www.fitofan.com)

**DEADLINE:** 30.04. 2025, 24,00h.

**Graduation:** from 9th Kup and higher

### Time Table:

**Saturday:** 8,30 – 9,00 Registration in The Hall  
9,00 - 9,30 Meeting Referees and Coaches  
9,30 -17,00 Contest  
17,30 - 18,00 Awarding ceremony for Teams and Bests Athletes

### Entry fee:

Individual 30,- Eur  
Pair 30,- Eur  
Team 30,- Eur

### Liability:

All competitors of the Cassovia Open participate at their own risk. The registration application implies that the contestants agree to assume all responsibility for themselves and to release all others from all and any liability which may directly or indirectly result from the Cassovia Open.

**Rules:**

WT/SATKD rules, Electronic Scoring System, Cut off system.

**Referees:**

Contact Head of referees for poomsae: [miroslavbitala@gmail.com](mailto:miroslavbitala@gmail.com)

**CATEGORIES:*****Participants:*****Individual, Pairs, Teams D, C, B, A class:**

Pupils (2017 and younger)

Younger cadets (2016, 2015, 2014)

Cadets (2013, 2012, 2011)

Juniors (2010, 2009, 2008)

Seniors under 30 (2007 - 1995)

Seniors under 40 (1994 - 1985)

Seniors under 50 (1984 - 1975)

Seniors over 50 (1974 - and older)

**Freestyle – Individual, Pairs, Teams:**

Children (2014 and younger)

Under 17 (2013 - 2008)

Over 17 (2007 and older)

***Graduation:***

Class D: 9. - 7. Kup

Class C: 6. - 4. Kup

Class B: 3. - 1. Kup

Class A: 1. Dan (Poom) and higher

**Para P10, P20-II1, II2, II3, P30, P40, P50, P60, P70: Individual, Pairs, Teams**

Cadets (2013, 2012, 2011)

Juniors (2010, 2009, 2008)

Seniors over 16 (2009 - and older)

***Para graduation:***

All together according to sport class and age category.

***Rules for Individuals, Pairs, Teams and Para:***

Cut off system:

Preliminary: 1 poomsae

Semifinal: 1 poomsae

Final: 2 poomsaes

## Individuals, Pairs, Teams

Categories	Degree	Optional poomsae
Class D	9. – 7. Gup	1,2,3 (optional)
Class C	6. – 4. Gup	2,3,4,5,6,7(optional)
Class B	3. – 1.Gup	4,5,6,7,8 (drawn)

Categories	Degree	Optional poomsae
Class A Cadets	1.Dan/Poom and higher	4,5,6,7,8,9,10
Class A Juniors	1.Dan/Poom and higher	4,5,6,7,8,9,10,11
Class A Seniors U30	1.Dan and higher	6,7,8,9,10,11,12,13
Class A Seniors U40	1.Dan and higher	6,7,8,9,10,11,12,13
Class A Seniors U50	1.Dan and higher	8,9,10,11,12,13,14,15
Class A Seniors O50	1.Dan and higher	9,10,11,12,13,14,15,16

### NOTES:

Every athlete need to perform 2 different poomsaes in the final round.

In case of preliminary or semifinal rounds in categories D, C an athlete can perform the same poomsae as in final round.

Drawing of poomsaes for B and A category will be made 23.4.2025.

### Categories poomsae competition:

Cut off system:

Preliminary: 1 poomsae

Semifinal: 1 poomsae

Final: 2 poomsaes

**Individuals:** M-Male, F-Female

**Pairs:** MM, MF, FF

**Teams:** MMM, FFF, FMF, MFM

## PARA:

Category	Group 1	Group 2
Cadets	T1, T2, T3	T4, T5, T6
Juniors	T2, T3, T4, T5	T6, T7, T8, T9
Seniors	T3, T4, T5, T6, T7	T8, T9, T10, T11, T12, 13

### Notes:

Athlete chooses from the following forms what poomsae to perform in each match. Group 1 for 1st round Poomsae and Group 2 for 2nd Round Poomsae.

Poomsae Kumgang (10) shall be excluded for P30 Sport Classes.

Athletes in the P20 Sport Classes may choose any recognized poomsae for round 1 and round 2 of a match.

Any free-choice of recognized poomsae for other sport classes will lead to a **0,6** deduction points.

Is prohibited to combine athletes from PARA and non PARA categories, or athletes from other sport classes together.

### Categories PARA poomsae competition:

**Individuals:** M-Male, F-Female

**Pairs:** MF

**Teams:** MMM, FFF