

# 4-Th. International Falcon cup 2024 – Poomsae, National league

## **Supervision:**

Slovak Taekwondo Association WT

## **Organisation committee:**

Falcon Taekwondo klub Rimavska Sobota  
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## **Place and date:**

Súkromná Stredná Odborná Škola -  
Magán Szakközépiskola, Ladislava Novomeského 2070,  
Rimavská Sobota

**Saturday 20.04. 2024**

## **Participants:**

### **Individual, Pairs, Teams D, C, B class:**

Pupils (2016 and younger)  
Younger cadets (2015, 2014,2013)  
Cadets (2012,2011,2010)  
Juniors (2009,2008,2007)  
Seniors (2006 and older)

### **Individual A class:**

Cadets (2012,2011,2010)  
Juniors (2009,2008,2007)  
Seniors under 30 (2006 - 1994)  
Seniors under 40 (1993 - 1984)  
Seniors under 50 (1983 - 1974)  
Seniors under 60 (1973 - 1964)  
Seniors under 65 (1963 - 1959)  
Seniors over 65 (1958 and older)

### **Pairs, Teams A class:**

Cadets (2012,2011,2010)  
Juniors (2009,2008,2007)  
Seniors under 30 (2006 - 1994)  
Seniors over 30 (1993 and older)

### **Freestyle – Individual, Pairs, Teams:**

Children (2012 and younger)  
Under 17 (2011 - 2007)  
Over 17 (2006 and older)

### **Para P10, P20-III1, II2, II3, P30, P50, P60, P70:**

Children (2010 and younger)  
Juniors (2009, 2008, 2007)  
Under 30 (2006 - 1994)  
Over 30 (1993 and older)

Pairs: MM, MF, FF (M-Male, F-Female)  
Teams: MMM, FFF (M-Male, F-Female)

## **Graduation:**

Class D: 9. - 7. Kup  
Class C: 6. - 4. Kup  
Class B: 3. - 1. Kup  
Class A: 1. Dan (Poom) and higher

## **Time table:**

### **Saturday 20.04.2024**

08:00 - 9:30 Registration  
(SSOS, Novomeskeho 2070, Rim.Sobota)

### **Saturday 20.04.2024**

9:30 Head of teams meeting,Referees meeting  
10:00-19:00 Contests  
19:00-20:00 Award ceremony

## **Starting fee:**

Individual: **25 EUR**  
Pair: **25 EUR (Category)**  
Team: **25 EUR (Category)**

## **Registration:**

Online registration: [www.tpss.eu](http://www.tpss.eu)

**Deadline: 17.04. 2024 at 23:59.**

## **Liability:**

All competitors are considered to participate at their own risk. Slovak Taekwondo Association and Organising Committee assume no responsibility for any damages, injuries and losses.

## **Rules:**

WT/SATKD rules. Electronic Scoring System.  
Competitors will compete according to cut off system.

## **Referees:**

Organiser will invite referees with a special invitation.

## **Award presentation:**

Individuals – Medals, Trophies  
Best competitor (Pupil, Y.Cadet, Junior, Senior, Veterans)  
Teams: Trophies for the 1st - 5th place  
1st place: 7 points  
2nd place: 3 points  
3rd place: 1 point  
Progress over round: 1 point

## **Accommodation:**

Contact organisation committee till 10.4. 2024 !!!



**FALCON**  
TAEKWONDO KLUB  
Rimavská Sobota



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### Rules for Individuals, Pairs, Teams and Para:

Cut off system: Preliminary: 1 poomsae  
 Semifinal: 1 poomsae  
 Final: 2 poomsaes

#### Individuals, Pairs, Teams

Categories:	Degree:	Optional poomsae:
Class D	9. - 7. Kup	1, 2, 3
Class C	6. - 4. Kup	3, 4, 5, 6, 7

#### Individuals

Categories:	Degree:	Drawn poomsae:
Class B	3. - 1. Kup	4, 5, 6, 7, 8
Class A Cadets	1. dan/poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. dan/poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 40	1. dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 50	1. dan and higher	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Class A Seniors under 60, under 65, over 65	1. dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

#### Pairs, Teams

Categories:	Degree:	Drawn poomsae:
Class A Cadets	1. dan/poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. dan/poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors over 30	1. dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

#### NOTES:

Every athlete need to perform 2 different poomsaes in the final round.



**PARA**  
Class D,C, B free choice poomsae.

Categories:	Age category:	Drawn poomsae:
Class A P10	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Class A P 20	Free choice poomsae Bonus points: 1-3 poomsae: No bonus points 4-7 poomsae: +0,3 bonus points 8-Shipjin poomsae: + 0,5 bonus points
Class A P 30	Junior	4, 5, 6, 7, 8, Koryo
	Under 30	5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P 50	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon,

		Shipjin, Jitae, Chonkwon, Hansu
Class A P 60	Junior	6, 7, 8, Koryo, Keumgang
	Under 30	6, 7, 8, Koryo, Keumgang
	Over 30	6, 7, 8, Koryo, Keumgang

NOTES for A category:

Just **P20** (after deduction 0,6 points) may perform the same poomsae in final round.

When athletes **P20 perform** with help (when somebody coordinate their performance, or perform poomsae with them, there is deduction 1,0 points) Athletes from the **P10** and **P30** Sport Classes may choose to perform a free-choice Recognized Poomsae ranging from Taegeuk 2-jang to Hansu, instead of the Compulsory Poomsae drawn for the round of competition. 1. In the case an athlete chooses to perform a free choice Recognized Poomsae the following deductions will be made to the final score for the Poomsae:

Any free-choice Recognized Poomsae **0,6** deduction points

Taegeuk 1-jang to Taegeuk 3-jang

Additional **0,5** deduction points

Taegeuk 4-jang to Taegeuk 7-jang

Additional **0,3** deduction points

Taegeuk 8-jang to Shipjin No additional

deduction points