



Dear friends,

It is my pleasure to invite your team to the Balkan Taekwondo Championship Sarajevo 2023!

This event is an event in which our athletes can meet and taste how it feels to fight in different divisions.

Registration is now open and I invite all of you to register and be part of an amazing event. We have already felt the warm hospitality of Bosnia and Herzegovina at past events and I am looking forward to be back in Bosnia and Herzegovina again!

Yours,

**Metin Şahin**  
*President of Balkan Taekwondo Union*



## 23<sup>RD</sup> BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

PROMOTER: BALKAN TAEKWONDO UNION

**President of BTU:** Dr. Metin Sahin

Website: <http://www.balkantaekwondo.com/>

ORGANIZER: TAEKWONDO ASSOCIATION OF THE FEDERATION  
OF BOSNIA AND HERZEGOVINA

**President of ATF:** Mr. Samir Saric

Mobile: +38761356257

E-mail: [tkdsfbih@gmail.com](mailto:tkdsfbih@gmail.com)

**Dates:** 24. – 25. November

SANCTIONED BY

**European Taekwondo Union**

[info@europeantaekwondounion.org](mailto:info@europeantaekwondounion.org)

VENUE

**Name:** Sport hall Goran Chengic

**Address:** Zvornicka 23, 71000, Sarajevo

**MAP:** <https://maps.app.goo.gl/qPhMNvyG6uWy8jGw5>

REGISTRATION DEADLINE

23:59 (GMT+2) on 15. November

SPORT ENTRIES - ONLINE REGISTRATION

<https://tpss.eu>

***NO LIMIT OF TEAM REPRESENTATIVES BY NATIONAL TEAMS FOR CADETS,  
JUNIORS AND SENIORS CATEGORY/DIVISION***

***NO LIMIT OF TEAM REPRESENTATIVES BY CLUBS OR NATIONAL TEAMS FOR  
YOUNGER CADETS CATEGORY/DIVISION***

## COMPETITION DATES & SCHEDULE

### 24. November

**Young Cadets Male:** -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, -48kg, +48kg;

**Young Cadets Female:** -23kg, -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, +44kg;

**Cadets Male:** -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg),  
-168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), -180 cm (-67 kg), +180 cm (-80 kg),

**Cadets Female:** -144 cm (-43 kg), -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg),  
-164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), +176 cm (-75 kg),

### 25. November

**Juniors Male:** -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg;

**Juniors Female:** -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68 kg;

**Senior Male:** -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg;

**Senior Female:** -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg; +73kg;

## REGISTRATION & ACCREDITATION

### 23. November

**09:00 – 13:00 hrs**

**14:00 – 18:00 hrs**

### 24. November

**10:00 – 13:00 hrs**

**Hotel HOLIDAY,**

**Zmaja od Bosne 4., 71000, Sarajevo**

**MAP:** <https://maps.app.goo.gl/aYRvGx9gktYnujuN9>

## WEIGH-IN DATES, SCHEDULE & LOCATION

**23. November:** 10:00 – 13:00 hrs, 14:00 – 18:00 hrs

**Young Cadets Male:** -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, -48kg, +48kg;

**Young Cadets Female:** -23kg, -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, +44kg;

**Cadets Male:** -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg),  
-168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), -180 cm (-67 kg), +180 cm (-80 kg),

**Cadets Female:** -144 cm (-43 kg), -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg),  
-164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), +176 cm (-75 kg),

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**24. November:** 10:00 – 13:00 hrs

**Juniors Male:** -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg;

**Juniors Female:** -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68 kg;

**Senior Male:** -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg;

**Senior Female:** -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg; +73kg;

**Hotel HOLIDAY,**

**Zmaja od Bosne 4., 71000, Sarajevo**

**MAP:** <https://maps.app.goo.gl/aYRvGx9gktYnujuN9>

**The weigh-in will not be extended. Make sure you arrive on time in CITY!**

## RANDOM WEIGH-IN

**All selected athletes must be present at 08:00 hrs sharp. The names of the athletes selected for the Random weigh-in will be published at 07:00 hrs on the competition day on the following (social) media platforms:**

<https://tpss.eu>



## 23<sup>RD</sup> BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

### DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 20:00 – 21:00 hrs on the following (social) media platforms:

<https://tpss.eu>

### SEEDING

No seeding is applicable.

### COMPETITION RULES

WT Competition Rules & Interpretation

## COMPETITION SYSTEM

Single elimination tournament system.

## CONTEST TIME

Best of three (3) system will be used.

1. Seniors and Juniors: 2 minutes x 3 rounds with 1 minute break
2. Young Cadets and Cadets: 1,5 minute x 3 rounds with 1 minute break

(Contest times could be adjusted according to OC Decisions)

## ELIGIBILITY REQUIREMENTS

1. WT Global Athlete Licence **not required** for athletes competing in **Kyorugi** Young Cadets, Cadets and Juniors age class.

WT Global Athlete Licence valid for 2023 **is mandatory** for athletes competing in **Kyorugi** Seniors age classes.

***NO LIMIT OF TEAM REPRESENTATIVES BY NATIONAL TEAMS FOR CADETS, JUNIORS AND SENIORS CATEGORY/DIVISION***

***NO LIMIT OF TEAM REPRESENTATIVES BY CLUBS OR NATIONAL TEAMS FOR YOUNGER CADETS CATEGORY/DIVISION***

## AGE CLASSES

An athlete in order to be eligible for participation must be born in:

SENIORS: Athletes must be born in 2006 or earlier (+17 years)

JUNIORS: Year of Birth (2006. – 2008.)

CADETS: Year of Birth (2009. – 2011.)

YOUNG CADETS: Year of Birth (2012. – 2014.)

*An athlete born in 2006 must compete either in Juniors or Seniors Age Class*

## WEIGHT DIVISIONS

**Senior Male:** -54 kg, -58 kg, -63 kg, -68 kg, -74 kg, -80 kg, -87 kg, +87 kg;

**Senior Female:** -46 kg., -49 kg., -53 kg., -57 kg., -62 kg., -67 kg., -73 kg., +73;

**Junior Male:** -45 kg, -48 kg, -51 kg, -55 kg, -59 kg, -63 kg, -68 kg, -73 kg, -78 kg, +78 kg;

**Junior Female:** -42 kg, -44 kg, -46 kg, -49 kg, -52 kg, -55 kg, -59 kg, -63 kg, -68 kg, +68 kg;

**Cadets Male:** -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg), -164 cm (-56 kg),  
-168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), -180 cm (-67 kg), +180 cm (-80 kg),

**Cadets Female:** -144 cm (-43 kg), -148 cm (-45 kg), -152 cm (-48 kg), -156 cm (-51 kg), -160 cm (-53 kg),  
-164 cm (-56 kg), -168 cm (-59 kg), -172 cm (-61 kg), -176 cm (-64 kg), +176 cm (-75 kg),

**Young Cadets Male:** -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, -48kg, +48kg;

**Young Cadets Female:** -23kg, -25kg, -27kg, -29kg, -31kg, -33kg, -36kg, -40kg, -44kg, +44kg;

## BELT REQUIREMENTS

Seniors – 1<sup>st</sup> Gup (Red-Black belt) and above;

Juniors – 1<sup>st</sup> Gup (Red-Black belt) and above;

Cadets – 2<sup>nd</sup> Gup (Red belt) and above;

Young Cadets – 3<sup>rd</sup> Gup (Blu-red belt) and above;

## APPLICABLE FEES

**Kyorugi** – 75 EUR per contestant;

Change of category – free of charge till 15. 10. 2023.,;

Change of category – 30 EUR after 15. 10. 2023.;

The Entry fees should be paid in **cash or by bank** during to registration. The entry fee is mandatory for all registered in <https://tpss.eu> participant. In case an athlete does not officiate, but his/her team registration is not erased from the registration system the entry fee must be paid. No refunds of entry fee will apply!

## BANK ACCOUNT INFORMATION

**ACCOUNT NAME:** TAEKWONDO SAVEZ FEDERACIJE BOSNE I HERCEGOVINE  
**ADDRESS:** Serifa Loje 22, 71000, Sarajevo

**NAME OF BANK:** Intesa Sanpaolo Banka dd,

**IBAN:** BA391544602002898566

**SWIFT:** UPBKBA22

## 23<sup>RD</sup> BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

### SPORT EQUIPMENT

#### **PSS – system**

Daedo International Generation 2, with electronic headgear are provided by the OC. For Kids and Cadets divisions headgear with face masks may be used.

#### **Dobok and protective equipment**

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

Only WT-recognized equipment is allowed groin-, forearm-, shin-, mouthpiece, Daedo sensor socks and gloves shall be brought by the contestants, which is compulsory.

### FIELD OF PLAY REGULATIONS

By accepting an accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events. Only the competitors and their coaches will have admittance with valid accreditations to the contest areas.

### VENUE ACCESS REGULATIONS

- Free entry.



## AWARDS

### Individual awards

1 <sup>st</sup> place	–	gold medal and certificate
2 <sup>nd</sup> place	–	silver medal and certificate
3 <sup>rd</sup> place	–	two bronze medals and certificate

Trophies will be awarded for the top team (overall).

## REFEREES

Mr. Belmir Berberovic, International referee (Referee Chairman)

### NOTE:

Each country must bring at least one (1) international licensed referee. A maximum of two (2) referees per participating nation will be admitted. If in any case the second referee must be, national referee with great experience and update knowledge.

International Referees must be licensed by the WT, and the national referee must be licensed by pertinent federation promoting to this championship. Referees should send their application form before the 31. 10. 2023., to the OC:

**Email:** [belmir.berberovic@gmail.com](mailto:belmir.berberovic@gmail.com)

The **OC** will provide accommodation and full board for three nights in the hotel for referees. Each international referee will receive an allowance of **€ 150,00 Euro / competition day**. Each national referee will receive an allowance of **€ 50,00 Euro / competition day**.

## MEDICAL AND ANTI-DOPING

### **Applicable medical rules**

The WT Medical Code, WT mouth guard, bracing, taping, padding and piercing rules are applicable, which all MNA participating this event must comply.

### **Applicable doping rules**

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. Balkan Taekwondo Union and/or WADA may carry out random out-of-competition testing prior to the event.

### **Therapeutic Use Exemption**

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information.

Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to [tue@ita.sport](mailto:tue@ita.sport). Report TUE applications also to the WT Sport Department via [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org) by no later than 10 August 2023.

### **ADAMS login**

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org)

### **For more details, please visit**

<http://www.wada-ama.org/en/ADAMS/>

[http://www.worldtaekwondo.org/anti\\_doping-wt/therapeutic.html](http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html)



## 23<sup>RD</sup> BALKAN TAEKWONDO CHAMPIONSHIPS SARAJEVO 2023

### MEDIA AND PRESS

#### Media accreditation

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the [infotkdsbih@gmail.com](mailto:infotkdsbih@gmail.com)

#### Photo positions

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the Balkan Taekwondo Union Press officer.

### ACCOMODATION AND TRANSPORTION

The Organizing Committee shall provide transportation between the airport and hotel for those teams that have booked their hotel via the Organizing Committee. See the accommodation guide for details.

The deadline for accomodation reservation is set at:

**10<sup>th</sup> November 2023, 23:59 CET**

Please refer to the OC for information on accommodation via [infotkdsbih@gmail.com](mailto:infotkdsbih@gmail.com).

### HASH TAGS & SOCIAL MEDIA

#### Hash tags

Balkan Taekwondo Union uses the following hash tags at Facebook and Instagram:

#### Social media platforms

Facebook: [facebook.com/taekwondo.savez.bih](https://www.facebook.com/taekwondo.savez.bih)

Instagram: [instagram.com/taekwondosavezbih](https://www.instagram.com/taekwondosavezbih)

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CHAMPIONSHIPS SARAJEVO 2023**

## TIMETABLE

DATE	TIME	EVENT	LOCATION
23. November	09:00 – 13:00	Registration and Weigh-in for Young Cadets and Cadets	Hotel HOLIDAY
	14:00 – 18:00		
	13:00 – 14:00	Lunch Break	
24. November	08:00 – 08:30	Referee meeting	VENUE
	08:30 – 08:45	Coach meeting	
	09:00 – 18:00	Kyorugi preliminaries	
	10:00 – 13:00	Registration and Weigh-in for Juniors and Seniors	Hotel HOLIDAY
	13:00 – 14:00	Lunch Break	VENUE
	14:00 – 16:00	Semifinal and finals	
	19:00 – 20:30	Closing ceremony	
25. November	08:00 – 08:30	Referee meeting	VENUE
	08:30 – 08:45	Coach meeting	
	08:00 – 18:00	Kyorugi preliminaries	
	13:00 – 14:00	Lunch break	
	14:00 – 19:00	Semifinal	
	16:00 – 17:00	Open Ceremony	
	17:00 – 19:00	Finals	
	19:00 – 20:30	Closing ceremony	

**⚠ ⚠ ⚠ WARNING TIMETABLE ALWAYS REMAINS SUBJECT TO CHANGE ⚠ ⚠ ⚠**

## MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at BTU events shall have mandatorily an international medical insurance that covers medical care (COVID included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. BTU nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.

All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs. Each MNA, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Albania before arrival to the venue.

### **General**

The OC cannot predict the developments in the next coming months with regard to the Corona COVID-19 outbreak in Europe. The teams have to bear in mind that due to the uncertain nature of the Corona COVID-19 outbreak and sole authority of each government on how to respond, restrictions to access the Host country may be applicable.

**It is the responsibility of each and every participating team to make sure they meet all entry requirements in order to enter the Host country and to monitor the Albanian policy with regard to entry policies.**

### **Sufficient insurance**

The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation, and medical insurance.

### **Liability**

In this respect, please be informed that the OC shall not and cannot be held liable for any expenses and costs incurred by the teams for travelling to the event in case of cancellation of the event due to (further) outbreak of the Corona COVID-19 virus in the Host Country. The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation and medical insurance. The OC shall not accept any claims or requests for compensation in case of cancellation of the event.



**23<sup>RD</sup> BALKAN TAEKWONDO  
CHAMPIONSHIPS SARAJEVO 2023**

**PERSONAL INDEMNIFICATION FORM**

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE

executed this on:

(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the Taekwondo Europe, World Taekwondo, the \_\_\_\_\_ and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnitee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the \_\_\_\_\_ in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form that I have read and agree to all of the terms and conditions provided above.

**Name:**

**Date:**

**Signature:**

In case the person involved is a minor, the legal guardian has to sign:

**Name:**

**Relation towards the minor:**

**Date:**

**Signature:**

Please send this form to: \_\_\_\_\_



## LIABILITY DECLARATION

*(only for under aged athletes)*

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor):     /     /

I declare that I accept the participation of at the 23<sup>rd</sup> Balkan Championships on \_\_\_\_\_ and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. \_\_\_\_\_, and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Sarajevo, Bosnia and Herzegovina,

**Place:**

**Date:**

**Signature of the parents/legal guardian:**