



Latvian Taekwondo Open Championships 2023

Organizer: Latvian Taekwondo Federation
Dzelzavas iela 26A, Rīga, LV-1084
www.taekvondo.lv

Contact person: Viktoras Malishauskas
E-mail: ltkf@inbox.lv
Telephone: +371 29 557 526

Competition Date: November 18th-19th 2023

Venue: Sports Hall "Centre"
Brīvības iela 14, Ventspils, LV-3601

Competition Rules: WT Competition Rules

Liability: **Teams are obliged to insure their contestants.**
Competitors are to participate at their own risk. The organizers do not accept responsibility for any damages, injuries or losses sustained or incurred. Competitors must bring their own documents and forms for any medical treatment in Latvia.
Competitors must have a valid sports insurance.

Equipment: All competitors will be provided with DaeDo electronic body and head protectors at the time of competition, but they must supply their own DaeDo sensor socks. Competitors must also provide and wear WT recognized groin/forearm/shin-guards and gloves.

Registration and weigh-in: November 18th 2022
9:00 - 11:00
Sports Hall "Centre"
Brīvības iela 14, Ventspils, LV-3601



OLIMPIŠKAIS CENTRS
VENTSPILS



WORLD
TAEKWONDO
LATVIA



LATVIJAS SPORTA FEDERĀCIJU PADOME



LATVIJAS OLIMPISKĀ KOMITEJA



Izglītības un zinātnes
ministrs



Latvian Taekwondo Open Championships 2023

Kyorugi Weight Divisions: Kids B (2015 - 2017) without head contact, 9th Kup and higher
Kids A (2012 - 2014) with head contact, 9th Kup and higher

Male and Female									
-22kg	-24kg	-27kg	-30kg	-33kg	-36kg	-40kg	-44kg	-48kg	+48kg

Cadets (2009-2011) 7th Kup and higher

Male									
-33kg	-37kg	-41kg	-45kg	-49kg	-53kg	-57kg	-61kg	-65kg	+65kg
Female									
-29kg	-33kg	-37kg	-41kg	-44kg	-47kg	-51kg	-55kg	-59kg	+59kg

Juniors (2006-2008) 5th Kup and higher

Male				
-48kg	-55kg	-63kg	-73kg	+73kg
Female				
-44kg	-49kg	-55kg	-63kg	+63kg

Seniors (2006+) 5th Kup and higher

Male			
-58kg	-68kg	-80kg	+80kg
Female			
-49kg	-57kg	-67kg	+67kg

Categories with less than 2 competitors will be merged if possible.

Regulations: Kids B and A: 3x1min (45sec break)
Juniors and Cadets: 3x1.5min (45sec break)
Seniors: 3x2min (1min break)

The Organization Committee can adjust the competition.

Awarding: 1st, 2nd and two 3rd places will be awarded with a medal.





Latvian Taekwondo Open Championships 2023

Poomsae Divisions:

	D Class	C Class	B Class	A Class
	10-8 Kup	7-5 Kup	4-2 Kup	1 Kup - Dan
	Can repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae
Final				
Kids 1 (2017-2015)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
Kids 2 (2014-2012)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
Cadets (2011-2009)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
Juniors (2008-2006)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
Seniors (18+)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang

Eligibility: If the Kup category and Kup do not match the participant, the participant will be disqualified. Please confirm before registering.

Awarding: 1st, 2nd and 3rd place will be awarded with a medal.



OLIMPISKAIS CENTRS
VENTSPILS



LATVIJAS SPORTA FEDERĀCIJU PADOME



LATVIJAS OLIMPISKĀ KOMITEJA



Izglītības un zinātnes
ministrs



Latvian Taekwondo Open Championships 2023

Applications: Registration via [TaekoPlan Subscription Site \(TPSS\)](#)

DEADLINE - November 13th 2023

Changes during the registration - 10 EUR.

Early Entry Fee: Entry fee for Kyorugi - 30 EUR.
Before 10/11/2022 Entry fee for Poomsae - 20 EUR.
Entry fee for Kyorugi and Poomsae - 45 EUR.

Regular Entry Fee: Entry fee for Kyorugi - 35 EUR.
Before 18/11/2023 Entry fee for Poomsae - 25 EUR.
Entry fee for Kyorugi and Poomsae - 55 EUR.

Late Entry Fee: Entry fee for Kyorugi - 60 EUR.
After 17/11/2023 Entry fee for Poomsae - 40 EUR.
Entry fee for Kyorugi and Poomsae - 90 EUR.

Contestants applying for multiple age categories must pay the corresponding number of registration fees.

Late entry fee will be charged for the Latvian competitors without the LTKF licence or without the officialy approved belt tests.

Latvijas Taekvondo Federacija
Dzelzavas iela 26A, Rīga, LV-1084
LV91RIKO0000084868132
Luminor | DNB
SWIFT: RIKOLV2X
Latvian Open 2023 + (Team Name)



OLIMPIŠKAIS CENTRS
VENTSPILS



LATVIJAS SPORTA FEDERĀCIJU PADOME



LATVIJAS OLIMPIŠKĀ KOMITEJA



Izglītības un zinātnes
ministrs



Latvian Taekwondo Open Championships 2023

Event Timetable

(subject to change)

Date	Time	Event	Location
Saturday November 18 th	9:00 - 11:00	Registration and weigh-in	Sports Hall "Centre"
	12:00 - 14:00	Poomsae Competition Day 1	Sports Hall "Centre"
	14:00 - 18:00	Kyorugi Competition Day 1	Sports Hall "Centre"
Sunday November 19 th	9:00 - 11:00	Poomsae Competition Day 2	Sports Hall "Centre"
	11:00 - 15:00	Kyorugi Competition Day 2	Sports Hall "Centre"

Competition Day Division: Both kyorugi and poomsae will be divided into two days. Categories split will be decided after the registration deadline and will be sent to all the teams on the 14th of November 2023.



OLIMPISKAIS CENTRS
VENTSPILS



LATVIJAS SPORTA FEDERĀCIJU PADOME



LATVIJAS OLIMPISKĀ KOMITEJA



izglītības un zinātnes
ministrs