



- Competition Rules -

Organization:

Taekwondo Clube de Santo António dos Cavaleiros

Event Director:

Maria Emília Martins (+351.916886936)

Coordinator:

Paulo Jorge Martins (+351.912279394)

Support:

Loures Town Hall
Parish Council of Santo António Cavaleiros
Portugal Taekwondo Federation – UPD
Portugal Taekwondo Association Center

Referee:

The referee head team – IR Paulo Martins
Electronic Scoring System with 5 Poomsae judges by area
International and national referees will be invited

Place:

“Paz e Amizade” Sport Hall
Avenida da República - Loures - Portugal
<https://goo.gl/maps/u1GpQm1387hHoPz96>

Date:

2023 October 28

Timetable:

Kup, Dan & Freestyle	
08h00 to 08h30	Teams Check-in & accreditation
08h30 to 08h45	Delegates Meeting
09h00 to 18h00	Competition
18h00 to 18h30	Team Awards & Close of Ceremony

The timetable can be adjusted as soon as registration closes.

Participation:

Only invited clubs, registration is limited.

Open to all grade's athletes, above 6 years old for Kup and Dan competitors. Substitution of athletes is not allowed. No amount related to the registration of athletes and/or teams will be refunded in case of absence or delay. It is up to the registered teams to check if their athletes/teams are well registered, under penalty of the organization excluding them for incorrect registration.

All athletes must carry their identification document at accreditation.

Equipment:

Dan and Freestyle: The use of Dobok (WT competition uniform) and respective graduation belt is mandatory.



Kup: It is recommended to use a Dobok with a white collar and corresponding graduation belt.



Kup Competition:

Categories	Age	Limit Birth Year	Sub-Categories
Sub 7	6 to 7 years	2016 to 2017	K1 / K2
Sub 9	8 to 9 years	2014 to 2015	K1 / K2
Sub 11	10 to 11 years	2012 to 2013	K1 / K2
Sub 14	12 to 14 years	2009 to 2011	K1 / K2
Sub 17	15 to 17 years	2006 to 2008	K1 / K2
Sub 30	18 to 30 years	1993 to 2005	K1 / K2
Sub 40	31 to 40 years	1983 to 1992	K1 / K2
Sub 50	41 to 50 years	1973 to 1982	K1 / K2
+ 51	51 or above	1972 or before	K1 / K2
1 st Pair	6 to 11 years	2012 to 2017	no sub-categories
2 nd Pair	12 to 17 years	2006 to 2011	no sub-categories
3 rd Pair	18 or above	2005 or before	no sub-categories
1 st Trio M/F	6 to 11 years	2012 to 2017	no sub-categories
2 nd Trio M/F	12 to 17 years	2006 to 2011	no sub-categories
3 rd Trio M/F	18 or above	2005 or before	no sub-categories

Sub-categories:

K1 – White belt to green with a blue list belt - 10 th Kup to 5 th Kup	
K2 – Blue belt to red with a black list belt - 4 th Kup to 1 st Kup	

Dan Competition:

Categories	Age	Limit Birth Year
Sub 11	11 years or less	2012 or after
Sub 14	12 to 14 years	2009 – 2011
Sub 17	15 to 17 years	2006 – 2008
Sub 30	18 to 30 years	1993 – 2005
Sub 40	31 to 40 years	1983 – 1992
Sub 50	41 to 50 years	1973 – 1982
Sub 60	51 to 60 years	1963 – 1972
Sub 65	61 to 65 years	1958 – 1962
Over 65	66 years or above	1957 or before
1 st Pair	12 to 14 years	2009 – 2011
2 nd Pair	15 to 17 years	2006 – 2008
3 rd Pair	18 to 30 years	1993 – 2005
4 th Pair	31 years or above	1992 or before
1 st Trio M/F	12 to 14 years	2009 – 2011
2 nd Trio M/F	15 to 17 years	2006 – 2008
3 rd Trio M/F	18 to 30 years	1993 – 2005
4 th Trio M/F	31 years or above	1992 or before

Dan Special Rules:

Cut-off system: Semi-final; 2 Poomsae (the 8 contestants with the best classification advance) Final; In the Sub 30 and Sub 40 Categories it will be Mixed System – Semi-final by Cut-Off and Final by Single Elimination. Poomsae board will be published until October 14th.



Free Style Competition:

Categories	Age	Limit Birth Year
Sub 17 (F-M)	12 to 17 years	2006 to 2011
+ 17 (F-M)	18 or above	2005 or before
Pair Sub 17	12 to 17 years	2006 to 2011
Pair + 17	18 or above	2005 or before

Athletes perform their Poomsae between 90 and 100 seconds. The Pen-drive with the music must be delivered to the organization by 9:00 a.m., on the day of the event.

Compulsory Poomsae Board:

Kup Categories	Poomsae Range
K1 – White belt to green with blue list belt (10 th Kup to 5 th Kup)	Taegeuk 1 / 2 / 3 / 4 / 5 (il, i, sam, sa, oh)
K2 – Blue belt to red with black list belt (4 th Kup to 1 st Kup)	Taegeuk 4 / 5 / 6 / 7 / 8 (sa, oh, yuk, chil, pal)

Athletes should choose 2 different Taegeuk from Poomsae board. 10th, 9th and 8th Kup can repeat the Taegeuk 1-il Chang.

Dan Categories	Compulsory Poomsae
Sub 11 / Sub 14 / 1 st Pair / 1 st Trio	Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang
Sub 17 / 2 nd Pair / 2 nd Trio	Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang, Taebaek
Sub 30 / Sub 40 / 3 rd Pair and 3 rd Trio	Taegeuk 6, 7, 8 Chang Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Sub 50 / 4 th Pair / 4 th Trio	Taegeuk 8 Chang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Sub 60 / Sub 65 / Above 65	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

Deadline & Fees:

Deadline	Category	Fee
Until 1 st October	KUP	17,50€ each inscription
	DAN	30,00€ each inscription
	Free Style	30,00€ each inscription

The inscription fee is the amount payable by the club, for each entry (Individual / Pair / Trio). Online registration on the Taekoplan portal <https://www.tpss2021.eu>.

There will be no tolerance regarding the deadlines mentioned ahead.

Inscriptions will be validated only after payment confirmation made by transfer to TCSAC bank account with IBAN: **PT50.0033.0000.45431330214.05** SWIFT Code: **BCOMPTPL**.

Registration is limited, as soon as the number of participants is reached, they will be closed.



Classifications:

Individual / Pairs / Trios – Kup & Dan
1 st Place – 7 points
2 nd Place – 3 points
3 rd Place – 1 point

The freestyle competition does not count for the overall Team prizes.

Prizes:

Individual / Pars / Trios – Kup, Dan & Free Style
1 st Place – medal
2 nd Place – medal
3 rd Place – medal
3 rd Place – medal

The medals will be handed out on the podium just after the end of each category, with images collected.

Teams			
Female Kup	Male Kup	Female Dan	Male Dan
1 st Place – Trophy	1 st Place – Trophy	1 st Place – Trophy	1 st Place – Trophy
2 nd Place – Trophy	2 nd Place – Trophy	2 nd Place – Trophy	2 nd Place – Trophy
3 rd Place – Trophy	3 rd Place – Trophy	3 rd Place – Trophy	3 rd Place – Trophy

The trophies will be delivered on the podium at the end of the Open, with registration of images.

Expenses and Medical Liability:

- All expenses and medical liability will be responsibility of the team.
- The organization is not responsible for any physical damage that may occur.
- The organization is not liable for property damage that occurred during competition.

Protests:

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to the organization after publication of the judges scoring, in ten minutes, together with a **100€** deposit (not refundable). The organization’s decision is not subject to appeal.

General Rules:

- Regulations may change, in this case information will be provided as soon as possible.
- Access to the competition area will be limited. Only accredited athletes and coaches have access to the competition area of the sport hall.
- The contestants should act within the “Spirit of Taekwondo and Sports Ethics”. They will act with civility, under penalty of their teams being expelled from the competition.
- When signing up for the Open, Clubs accept this regulation and authorize the collection and publication of its athletes and coaches images for the purpose of publicizing this event.

Omissions:

If any missing / incongruity it will be solved by the Open’s Technical Committee and shall be definitive. The TC is composed by the Event’s Director, Referee Head Team and other experienced referee initially nominated.

Organizing Committee

Paulo Martins



RESPONSIBILITY DECLARATION

The participation Club in the “8th TKDSAC Poomsae Open 2023” taking part on 28th October 2023, by registering its team, tacitly declares that:

1. It understands and accepts the above-mentioned rules and regulations.
2. By registering the athletes through the represented Club, it confirms that all participants gather the necessary conditions for participations and have a valid mandatory sports insurance.
3. The Team delegate is responsible for all acts committed by team members and any associated people, as well as for accompanying any athlete to the Hospital, in non-urgent medical situation.
4. The Club Delegate is responsible for all inscription data file information.
5. It also has the responsibility to collect all the participation permits by the guardians of minor athletes.
6. It authorizes the collection and publication of its athletes and coaches images for the purpose of publicizing this event.