



ROYAL SPANISH TAEKWONDO FEDERATION

XX INTERNACIONAL SPANISH OPEN 2023

April 13th POOMSAE & FREESTYLE



1. ORGANIZATION AND CONTACT

Royal Spanish Taekwondo Federation

C/ Alvarado, 16 - Bajo

03009 Alicante

Contact

Email: secretaria@fetaekwondo.net



2. PLACE

COMPETITION VENUE:

Ciudad Deportiva Camilo Cano

Partida Muixara, s/n

03530 La Nucua (Alicante)

REGISTRATION AND WEIGH-IN:

Pabellón la Muixara

500 meters from venue Camilo Cano

3. REGISTRATION AND COMPETITION SCHEDULE

TIMETABLE (SUBJECT TO CHANGES)			
DAY	TIME	EVENT	PLACE
APRIL 12 th	From 10h to 14h From 16h to 18h	POOMSAE • Registration and credentials	PABELLÓN LA MUIXARA
APRIL 13 th	From 09 to the end	POOMSAE • Competition day	PABELLON CAMILO CANO

[The Organization has the right to make any modification if needed]

- **Competition:** Ciudad Deportiva Camilo Cano - Pabellón Camilo Cano.
- **Registration:** Pabellón La Muixara (500m from pabellón Camilo Cano)

4. AGE AND DEGREES

- Minimum degree for Cadet category: 1st Pum
- Rest of categories black belt 1st Dan
- The age limits for each division are based on the year, not the birthday date.

➤ **CATEGORIES (Poomsae & Freestyle):**

Athletes		Cadet (12-14)	Junior (15-17)	Under 30 (18-30)	Under 40 (31-40)	Under 50 (41-50)	Under 60 (51-60)	Under 65 (61-65)	Over 65 (66-)	Total
Recognized Poomsae	Individual 1 Male 1 Female	2	2	2	2	2	2	2	2	16
		Cadet (12-14)	Junior (15-17)	Under 30	Over 30					Total
	Pair 1 Male 1 Female	2	2	2	2					8
		Cadet (12-14)	Junior (15-17)	Under 30	Over 30					Total
	Team 3 Male 3 Female	6	6	6	6					24
		Under 17 (12-17)				Over 17 (18-)				Total
Free Style Poomsae	Individual 1 Male 1 Female	2				2				4
	Pair 1 Male 1 Female	2				2				4
	Mixed Team 2 Male 3 Female Or 3 Male 2 Female	5+1 (Substitute)								5+1
Total		61+1								

➤ **Designated compulsory Poomsae:**

Competition	Division	Compulsory Poomsae
Individual	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
	Under 40	
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taebak Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
	Over 65	
Pair	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
Team	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon



5. REGISTRATION, DOCUMENTS, CREDENTIALS AND DEADLINE

ONLINE REGISTRATION

The Registration will be **ONLINE** in **TAEKOPLAN** through the following link: <https://tpss.eu>

DOCUMENTS

The documents to be submitted are the following:

1. Proof of payment (ONLY 1 PAYMENT BY TEAM. Individual payments are not accepted)
2. Liability declaration (only for under aged athletes) (<https://tinyurl.com/Liability-Declaration>)

CREDENTIALS

Once all the documents are verified and everything is correct, the credentials will be delivered to the head of team.

DEADLINE

DEADLINE: March 30th 2023 at 23:59h CET

This deadline is applicable for online registration in Taekoplan and sending of proof of payment by email (secretaria@fetaekwondo.net)

6. DRAW SHEET PUBLICATION

It will be published in due time in our website www.fetaekwondo.net

7. COACH

Coaches also should be registered **ONLINE** in **TAEKOPLAN** through the following link:

<https://tpss.eu>





8. ÁRBITROS

The **poomsae referees meeting** will be held online on April 9th at 20.00h, at the following link:
CALL REFEREES POOMSAE SPANISH OPEN 2023

Time: Apr 9, 2023 08:00 p.m. m. Madrid

Join Zoom meeting

<https://us06web.zoom.us/j/88904971151?pwd=eFFhOHVCL0xLVGpnMldCVkFMVzdidz09>

ID meeting: 889 0497 1151

Access code: 138099

9. TECHNICAL RULES

- Competitors must wear only the official uniform approved by the RFET, WT, ETU, in the Poomsae and Freestyle championships.
- Participation will not be allowed without the presence of your coach in the area assigned for this purpose.
- The participation of black neck and belt in Cadet category will not be allowed.
- The participation of Red/black neck and belt in the Junior category will not be allowed.
- Contestants may compete in maximum two (2) categories of Poomsae or Free Style.

Example:

- a) One category of Poomsae + one category of Freestyle.
- b) Two categories of Poomsae + none of Freestyle.
- c) Two categories of Freestyle + none of Poomsae.



Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for male; the same top, but with red pants, for female. (Only Poom belt shall be permitted)



Junior and Senior Division (Ages 15-50): White top with dark blue pants for male; white top with light blue pants for female.



Master Division (Ages 51 and up): Yellow top and dark blue pants for both male and female.



10. AWARDS

POINTS AWARDED	
Gold medal	7
Silver medal	3
Bronze medal	1

11. PROTEST

Protests must be made according to the competition rules by the official coach within 10 minutes after the end of the performance. The protest fee is 100€ non-refundable. The decision on the protest will be announced after 30 minutes.

12. APLICABLE FEES

ENTRY FEE

100€ (euros) **individual** (per category)

100€ (euros) **pair** (per category)

100€ (euros) **team** (per category)

100€ (euros) **freestyle team** (per category)

One (1) Coach per five (5) athletes is allowed.

For each **additional coach** an extra fee of 50€ will be charged.

Payment method and conditions:

Individual payments will not be accepted, it should be made by team (ONE SINGLE PAYMENT BY TEAM).

Only payments by bank transfer will be accepted. Cash payments will not be accepted. No refunds will be made.

The bank transfer will be made to the following account number:

Account holder:	REAL FEDERACIÓN ESPAÑOLA DE TAEKWONDO
Bank name:	SABADELL
Bank address:	C/ SAN MATEO 26, 03012 ALICANTE
Bank Swift code:	BSAB ESBB
Account number:	ES60 0081 7314 4600 0147 2748
Account address:	C/ ALVARADO 16, 03009 ALICANTE



All teams are required to send the proof of payment to secretaria@fetaekwondo.net within one (1) week after registration in Simply Compete and **no later the deadline (March 30th 2023)**. Organizing Committee has the right to delete from the system sport entries from teams that do not send proof of payment in order for other athletes to register and to prevent 'ghost athletes'.

13. HOTEL Y TRANSPORTATION

All the teams participating at this event could make their reservation through “**Experiencias únicas**”

Information and reservation:

Telephone: (+34) 647 458 239 / (+34) 96 556 52 74

E-mail: reservas@experienciasunicas.com

Website of hotels and reservation www.experienciasunicas.com

14. IMPORTANT NOTES

To improve the image of the ceremony, the Technical Commission has decided that for the awarding of medals the athletes wear dobok or tracksuit on the podium.

The Executive Committee of the WT and the General Assembly of the RFET agreed that in the championships the gesticulations, applause and ostensible gestures of the coaches during the fights will be sanctioned in accordance with the International Rules of Arbitration, recalling that the sanctions provided may reach the disqualification of the athlete and the coach.

The acts incite violence and disorder both among the public and among the participants, which goes against the Royal Decree on violence in sport and the Sports Disciplinary Regulations, in addition to the deplorable spectacle that is so detrimental to Taekwondo that they give violators of these rules.

[Cualquier mención específica al género masculino en el presente documento, debe entenderse como referida a ambos géneros].

