



# OPEN POOMSAE 2023

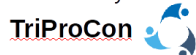
29 January 2023

Poomsae • Freestyle

Sportshall De Prins, Nijverheidslaan 15, 3290 Diest (B)

Taekwondo Hakyo  
Taekwondo Vlaanderen

Process – Project – Program  
Consultancy



## ORGANIZATION



Taekwondo.be



---

University of Leuven Taekwondo, under the auspices of Taekwondo Vlaanderen, with the cooperation of the city of Diest.

---

#### LICENSE

**Belgian participants:** valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.

**Foreign participants:** valid license of a recognized taekwondo federation that offers WT taekwondo.

No valid license (with photo/identity card) means no participation.

---

#### LIABILITY

All participants participate at their own risk.

---

#### ENTRY

**Spectators:** 5 € pp • up to 12 years old free entrance

Regulations for spectators: RIO TKDV and Reglement voor bemiddeling en rechtspraak

**Coaches:** 0-9 competitors: 1 coach free entrance

10-14 competitors: 2 coaches' free entrance

> 15 competitors: 3 coaches' free entrance

Every extra coach needs to pay the entrance fee.

---

#### LOCATION

Sportshall De Prins, Nijverheidslaan 15, 3290 Diest

---

#### INFORMATION

Concerning the organization of the competition:

Wim Dehasque • info@taekwondoschool.be • 0032 477 51 47 71

Concerning the registration of the competitors:

Annelies Van Hoofstat • recreatie@taekwondo.be • 0032 11 87 09 19

---

#### REFEREES

Coordinator Poomsae: Mustapha Moutarazak • m.moutarazak@hotmail.com

---

#### REGULATIONS

TKDV/WT-regulations: [www.taekwondo.be](http://www.taekwondo.be) • downloads • competitie

All participants participate at their own risk.

## CATEGORIES

The year of birth is decisive for the category in which the participant will compete. For ex. someone born on 31/12/2008 will turn 15 in 2023 and will compete on 29/01/2023 in the category 15-17 year.

One can participate in multiple categories (individual, pair, team, freestyle).

A ≥ 1<sup>st</sup> dan/poom • B = 4<sup>th</sup>-1<sup>st</sup> kup • C = 8<sup>th</sup>-5<sup>th</sup> kup • D = 10<sup>th</sup> -9<sup>th</sup> kup

Disciplines	Belts	Ages
Individual	A, B, C, D	≤ 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y
Pair + Team	A, B, C, D	≤ 11y, 12-14y, 15-17y, 18-30y, ≥31y
FS Individual + Pair	A, (B+C+D)	≤ 17y, ≥ 18y
FS Pair	A, (B+C+D)	≤ 17y, ≥ 18y
FS Team	A, (B+C+D)	All ages
G-taekwondo	A, (B+C+D)	≤ 17y, ≥ 18y
Family	A+B+C+D	All ages

Only for belts B, C and D:

- In the individual discipline, each athlete has the choice of participating in the age category above his own.
- A pair or a team is formed in the same age category. Nevertheless, it is admitted that one person of the pair or 2 persons of the team can have the category of ages just below or above.
- A pair or a team is formed in the same class of belts. Nevertheless, a combination of different belts B, C, D is allowed.

**A pair or a team must participate in the highest age category and the highest belts class.**

This does not apply to A class!

## COMPULSORY POOMSAE

For the B, C, D and G category it is obligatory to register the poomsae before closing of the registrations, i.e. at the latest 29/01/2023 on the website [tpss.eu](http://tpss.eu)

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Drawing of lots on 22/01/2023 – see table	2 taegeuks	2 taegeuks	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G	Free choice	/	/	1 taegeuk

---

**SYSTEM**

Cut off system

---

**TIMETABLE**

08:00-09:00 Registration all categories  
09:35 Start competition  
11:00-12:00 Registration U30 and older

---

**REGISTRATIONS**

Website **<https://www.tpss.eu>**  
Deadline **22/01/2023 until 23:59**  
Participation fee 

- Payment in advance for:  
**25€/individual (FS en G), 30€/pair (FS), 40€/team (FS), 15€/per person family**  
The fee must be on the account of the organization at least 1 day prior to the competition.  
Mail your proof of payment to: [info@taekwondoschool.be](mailto:info@taekwondoschool.be)
- Payment on the spot: **5 EUR** extra per athlete

**There must be a payment for all athletes on the competition list. No refund possible.**  
Bank account Wim Dehasque, Oude Baan 33/2, 3290 Diest  
IBAN: BE48 9733 9350 8927 • BIC : ARSPBE22  
Reference: Clubname + amount of participants (ind/pair/team/mix/family)

---

**PRIZES**

Individual • Pair • Team • Mixed Team: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.  
Trophy for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.

---

**ACCOMODATION**

See **[www.taekwondoschool.be](http://www.taekwondoschool.be)** > Open Poomsæ

Age	A		
	Individual	Pair	Team
... - 8	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo
9 - 11	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo		
12 - 14	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang
15 - 17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18 - 30	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
31 - 40	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Yitae, Cheonkwon	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Yitae, Cheonkwon
41 - 50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Yitae, Cheonkwon		
51 - 60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Yitae, Cheonkwon, Hansoo		
61 - 65	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Yitae, Cheonkwon, Hansoo		
66 -...	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Yitae, Cheonkwon, Hansoo		

Age	B			C			D		
	Individual	Pair	Team	Individual	Pair	Team	Individual	Pair	Team
... - 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
9 - 11	Taegeuk 4, 5, 6, 7, 8			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
12 - 14	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
15 - 17	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
18 - 30	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
31 - 40	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
41 - 50	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
51 - 60	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
61 - 65	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
66 - ...	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		