

INVITATION

Helsingborg OPEN 2019



Dear Mr Presidents

I am proud to invite You and Your athletes to participate in the Helsingborg Open, which will be held in Helsingborg, Sweden, on **30 March 2019**.

We hope that You all will enjoy the Open as well as a great stay in Helsingborg, Sweden. We are looking forward to receive your confirmation of participation for this event no later than 8th of March 2018.

Yours sincerely,

Alex Jönsson

Chairman of Tian Dao Taekwondo Club

E-headgear for junior , senior and Master

Organizer: Tian Dao Taekwondo Club

Date: March **30, 2019**

Competition hall: Helsingborg Arena
Mellersta Stenbocksgatan 14,254 37 Helsingborg

Competition date: Saturday the 30th March, 2019

Qualifications: From 4 Gup and higher (**Advanced:**)
From 9 Gup to the 5 Gup (**Beginners:**)

Competition Rules: **The WT Competition rules and in some cases overruled by the rules of the STU.**
For Junior and Seniors advanced are using the WTF competition rules.
For Minior are we using the STU rules (kick to the head is not allowed, only to the body protector).

Time mode: 2 x 2 minutes (1 min break) master, senior and junior
2 x 1.30 minutes (1 min break) minor and cadet

Age: Master + 35 and over
Senior 18 years up to 34
Junior 14 years up to 17
Cadet 12 - 14 years
Minior 7 – 11 years

Applications: **This service is provided by competition Service Subscription Site**

To register and login to the service please use this link:

www.tpss.eu

DEADLINE FOR APPLICATIONS: AT THE LATEST March 8, 2019

TIME TABLE

Friday 29 March

Registration & weigh-in for Saturday

Mellersta stenbocksgatan 14,254 37 Helsingborg

17:00 – 20:00 hrs (local time) for all competitors

Changes of weight divisions after the deadline are allowed

Cost: 35 €

Saturday 30 March

Program:

Weight Categories

Master male	-58 -68 -80 +80
Master female	-49 -57 -67 +67
Senior male	-54 -58 -63 -68 -74 -80 -87 +87
Senior female	-46 -49 -53 -57-62 -67 -73 +73
Junior male	-45 -48 -51 -55 -59 -63 -68 -73 -78 +78
Junior femal	-42 -44 -46 -49 -52 -55 -59 -63 -68 +68
Cadet male	-33 -37 -41 -45 -49 -53 -57 -61 -65 +65
Cadet female	-29 -33 -37 -41 -44 -47 -51 -55 -59 +59
Pupil	-26 -28 -30 -32 -34 -38 -42 -46 -50 -54 -57 +57

08.30 Coach meeting

09.00 Competition starts

09.00 - 12.30: Elimination rounds

12.30 - 13.00: Lunch break

14.00 - 19.00: Elimination rounds, quarter finals & semi finals

Protest

Only the official coach is allowed to protest, immediately after the end of the contest. An amount of **€ 50 (Euro)** will have to be paid for each protest.

The decision of the referee chairman is final.

Deadline

Friday the 8th of March, 2019!

Entry Fee

€ 35 (Euro) for Pupil and Cadett´s

€ 40 (Euro) for Juniors, Seniors and Master

The Entry Fee must be paid and specified to the Bank Account of Tian Dao Taekwondo club.

Payment

Entry Fees must be payed before the Deadline without any cost for the organizer

To Tian Dao Taekwondo Club

Bank: Swedbank AB, Helsingborg, Sweden

IBAN: SE92 8000 0821 4991 4508 0868

Swift Code: SWEDSESS

Swedish Clubs: Bankgiro 464-3086

Equipment

groin/forearm/shin guards and gloves are compulsory will be brought by the contestants.

Mouth piece is compulsory!

Coach

For every 5 contestants within the same team, one coach is granted free admission, with a maximum of 8 coaches

Information Poomsae

Organizer	Tian Dao Taekwondo Club
Referee coordinator	Peter Nordin peter@filipstadstaekwondo.se
Competition rules	WTF and STU competition rules. Cut-off system will be used.
Competition categories	Beginners, advanced and elite
Individual categories	Minor, Cadet, Junior, Senior -30/-40/-50/-60/+60/-65/+65 (male or female)
Pair categories	Minor, Cadet, Junior, Senior -30, Senior +30 (1 female and 1 male)
Team categories	Minor, Cadet, Junior, Senior -30, Senior +30 (3 females or 3 males)
Draw	The draw will be published 7 days before the competition on http://www.stuswe.se
Registration before the competition and start time	Registration will take place at the sport hall on 30 th of February at 08:00 until 08:30. Head of team meeting: 08:30-08:45. Competition starts at 09:00.
Registration for the competition	https://stuswe.simplycompete.com
Deadline	<u>Friday the 8th of March, 2017!</u>
Entry fee	The competition fee is 350 SEK (35 €) per participant in Poomsae. For pair the fee 400 sek and team the fee is 450 sek (40 €)(not per person).
Payment and account holder	Entry Fees must be payed before the Deadline without any coast for the organizer To Tian Dao Taekwondo Club Bank: Swedbank AB, Helsingborg, Sweden IBAN: SE92 8000 0821 4991 4508 0868 Swift Code: SWEDSESS Swedish Clubs: Bankgiro 464-3086

Competition categories:

Beginners	9-5 Gup
Advanced	4-1 Gup (Red belt)
Elite	Poom and Dan

Age categories:

Age category	Name	Age (during 2017)
Minior	U11	-11 years
Cadet	U14	12-14 years
Junior	U17	15-17 years
Senior -30	U30	18-30 years
Senior -40	U40	31-40 years
Senior -50	U50	41-50 years
Senior -60	U60	51-60 years
Senior -65	U65	61-65 years
Senior +65	O65	66+ years

Categories:

Individual	Competes in Female or Male category
Pair	2 persons of each gender
Lag	3 persons of same gender

Table 1 for beginners

Grade	Preliminary	Semi	Final
9-5 Gup	2 optional from T1-T5	2 optional from T1-T5	2 optional from T1-T5

Beginners may perform the same two Poomsaes in all rounds.

Table 2 for advanced

Grade	Preliminary	Semi	Final
Minior	T3-T7	T3-T7	T3-T7
Kadett	T3-T7	T3-T7	T3-T7
Junior	T4-T8	T4-T8	T4-T8
Seniorer	T4-T8	T4-T8	T4-T8

The Poomsaes for the elite categories according to WTF

Age category	Preliminary round	Semi final	Final
Cadet	T4-Keumgang	T4-Keumgang	T4-Keumgang
Junior	T4-Taebaek	T4-Taebaek	T4-Taebaek
Senior -30	T6-Sipjin	T6-Sipjin	T6-Sipjin
Senior -40	T6-Sipjin	T6-Sipjin	T6-Sipjin
Senior -50	T8-Cheonkwon	T8-Cheonkwon	T8-Cheonkwon
Senior -60/+60	Koryo-Hansu	Koryo-Hansu	Koryo-Hansu
Cadet pair/team	T4-Keumgang	T4-Keumgang	T4-Keumgang
Junior pair/team	T4-Taebaek	T4-Taebaek	T4-Taebaek
Senior -30 pair/team	T6-Sipjin	T6-Sipjin	T6-Sipjin
Senior +30 pair/team	T8-Cheonkwon	T8-Cheonkwon	T8-Cheonkwon

