

Open District North-East Poomsae Championship 2017

A-B-C-D & Para-Tkd Category (M/F)

Promotor TBN Board of the North East district's collective of associations

Organisation Collective of associations
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Location het "Ravijn"
 Piet Heinweg 16,
 7441 GZ Nijverdal

Date Sunday 9 April 2017

Programme **Beginners and Juniors** (under 18)

08:00- 09:00	Registration for pairs and individuals
09:00 - 09:15	Opening
09:15 - 12:00	Preliminaries beginners and juniors
12:00 - 12:30	Finals beginners and juniors
12:30 - 12:45	Award ceremony beginners and juniors

Seniors and Veterans

12:15 - 13:00	Registration for pairs and individuals
12:15 - 13:15	Demonstration Poomsae/Sparring
13:15 - 13:30	Opening
13:30 - 16.00	Preliminaries seniors and veterans
16:00 - 16:30	Finals seniors and veterans
17:15 - 17:30	Award ceremony seniors and veterans

Board breaking

12:15 - 13:00	Registration board breaking
16:45 - 17:15	Preliminaries and finals board breaking
17:15 - 17:30	Award ceremony board breaking

***Programme may be subject to change, due to number of participants.
Clubs/associations will receive timely notice in this case.***

There will be five fields to compete on.

Style judgecoordinator district North East: mr. Freddy Lufting Phone:+31 (0) 6-22782642
Technicalcoordinator district North East: mr. Leo Visser Phone:+31 (0) 6-10396977

Competition rules According to WTF / TBN Bijzondere wedstrijd bepalingen Poomsae & Freestyle version March 2015.

Assignment by lot All categories will draw lots to determine the two Poomsae in each round. Results of the lot drawing will be made public three days in advance of the tournament.

For Para contestants there will be own choice in Poomsae → ONLY FOR ONE ROUND (contestant is allowed to perform the same Poomsae twice in the round)

Competitions Individuals (1), Teams (3 persons), Pairs (2 persons), Para Individual (1).

Methods

A class: Cut-off system
 50% continues on to round two, best three continue on to finals.
 Pooled scores of all rounds determine winner.
 With less than six contestants, three continue on to round two.

B-C-D class: Cut-off system
 100% continues on to round two, best five continue on to finals.
 Only scores in finals determine the winner.

Prices Individual: 1st, 2nd and 3rd places each get a trophy.

Categories In the individual (1) competition men and women compete separately.
 A pair team (2) consists of two participants, a man and a woman.
 A synchronous team (3) consists of three participants of the same gender.

Participant is allowed to participate at the same time in the individuals competition, 1 team, 1 pair and 1 mixed team.

A-category	1st Dan / Poom and higher
B-category	4th to 1st Geup
C-category	8th to 5th Geup
D-category	10th to 9th Geup

Individual division: (to 8 yr); (9 to 11 yr); (12 to 14 yr); (15 to 17 yr); (18 to 30 yr); (31 to 40 yr); (41 to 50 yr); (51 to 60 yr); (61 to 65 yr) and (+ 66 yr).
Paired division: (to 11 yr); (12 to 14 yr); (15 to 17 yr); (18 to 30 yr) and (plus 31 yr).
Team division: (to 11 yr); (12 to 14 yr); (15 to 17 yr); (18 to 30 yr) and (plus 31 yr).

Para-tkd (handicapped) Poomsae competition men and women compete separately:

Individual Para divisie Dan-graad (1 groep): (to 17 yr) and (plus 18 yr)
Individual Para divisie geup-graad (1 groep): (to 17 yr) and (plus 18 yr)

Age groups are formed using **year of birth**. If someone is 17 but turns 18 in the year of the competition that person is put in the 18 to 30 age group.

The organisation holds the right to merge groups together.

- Objection** Objections should be submitted in writing by the coach of the participant together with a security of € 50, within ten (10) minutes after the incident took place. A decision is formed after 30 minutes. Matches will not be delayed, even if an official objection is being prepared. It is the responsibility of the field team leader to take care that the matches go according to the regulations.
- Participation** TBN, WTF and ETU members. sportclubs and associations
- Requirements for Participation** **During registration it is obligated to be able to show:**
- TBN federation passport
 - Declaration of paid contribution for 2017 (printable via members administration; declaration should contain the current graduation)
 - Valid proof of identity
- Be careful: missing personal details can result in irrevocable exclusion from the tournament!***
- All participants are expected to take part in the matches on their own risk. By taking part in the competition they agree to indemnify TBN region North East, hereby known as the organisation, of any liability. Participants agree not to wear any jewellery, watches and so on during the matches and award ceremony. They are dressed exclusively in a white dobok and/or Poomsae suit.
- Coach / teamleader** There is a maximum of 3 coaches per school.
Only participants and coaches are allowed on the fields.
The coach should wear sports clothes and sports shoes.
 ID, federation passport and/or proof of contribution have to be shown on request.
- Registration** The coach or representative of the club is responsible for registration which should take place per team. During registration of a team all documents are to be handed over at once. Declaration of paid contribution of current contribution year per member and/or team with status of payment from the members administration. All contestants should be present before the start.
- Enrollment** **Exclusively online via: <http://www.tpss.eu>**
- Enrollment fee**
- | | |
|-------------------------------|---------|
| Beginners and Juniors | € 12,50 |
| Seniors and Masters | € 12,50 |
| Pairs/Synchronized (per pair) | € 15,- |
| Board breaking | € 5,- |
- Payment should happen simultaneously with the enrolment on bank account: NL70INGB0004857490 in the name of Taekwondo Bond Nederland stating "ODK Poomsae NO 2017" and the TBN membership number of the sports club. (Payments by the sports club only; payments by individual participants will not be processed).
- Closure of enrolment** **1 April 2017(with maximum 300 Poomsaeparticipants on 5 fields)**
- Entrance** Free so feel free to take friends, family and acquaintances!

Tables

Assessment

Participants will be judged according to the WTF system using two grades. One for technique and one for presentation.

A-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
Beginners	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9

B-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4,
Beginners	Taegeuk 1, 2, 3, 4, 5,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,

C-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2,
Beginners	Taegeuk 1, 2,
Cadets	Taegeuk 1, 2, 3,
Juniors	Taegeuk 1, 2, 3, 4,
18-30 years	Taegeuk 1, 2, 3, 4,
31-40 years	Taegeuk 1, 2, 3, 4,
41-50 years	Taegeuk 1, 2, 3, 4,
51-60 years	Taegeuk 1, 2, 3, 4,
61-65 years	Taegeuk 1, 2, 3, 4,
66+	Taegeuk 1, 2, 3, 4,

D-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1,
Beginners	Taegeuk 1,
Cadets	Taegeuk 1,
Juniors	Taegeuk 1,
18-30 years	Taegeuk 1,
31-40 years	Taegeuk 1,
41-50 years	Taegeuk 1,
51-60 years	Taegeuk 1,
61-65 years	Taegeuk 1,
66+	Taegeuk 1,

A-Paren-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Beginners	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,

B-Paren-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5,
Beginners	Taegeuk 1, 2, 3, 4, 5,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,

C-Paren-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2,
Beginners	Taegeuk 1, 2,
Cadets	Taegeuk 1, 2, 3,
Juniors	Taegeuk 1, 2, 3, 4,
18-30 years	Taegeuk 1, 2, 3, 4,
31-40 years	Taegeuk 1, 2, 3, 4,
41-50 years	Taegeuk 1, 2, 3, 4,
51-60 years	Taegeuk 1, 2, 3, 4,
61-65 years	Taegeuk 1, 2, 3, 4,
66+	Taegeuk 1, 2, 3, 4,

D-Paren-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1,
Beginners	Taegeuk 1,
Cadets	Taegeuk 1,
Juniors	Taegeuk 1,
18-30 years	Taegeuk 1,
31-40 years	Taegeuk 1,
41-50 years	Taegeuk 1,
51-60 years	Taegeuk 1,
61-65 years	Taegeuk 1,
66+	Taegeuk 1,

A-Teams-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Participant shows 2 Taegeuk/Poomsae. The best three receive a price. The pooled score of all rounds is used to determine the winner.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Beginners	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,

B-Teams-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Deelnemer laat 2 Taegeuk/Poomsae zien. De beste 3 ontvangen een prijs. De totaalscore van alle voorgaande rondes wordt gebruikt

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5,
Beginners	Taegeuk 1, 2, 3, 4, 5,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8,

C-Teams-Class

Preliminaries

Participant shows 2 Taegeuk/Poomsae. 50% continues on to the next round.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Deelnemer laat 2 Taegeuk/Poomsae zien. De beste 3 ontvangen een prijs. De totaalscore van alle voorgaande rondes wordt gebruikt

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2,
Beginners	Taegeuk 1, 2,
Cadets	Taegeuk 1, 2, 3,
Juniors	Taegeuk 1, 2, 3, 4,
18-30 years	Taegeuk 1, 2, 3, 4,
31-40 years	Taegeuk 1, 2, 3, 4,
41-50 years	Taegeuk 1, 2, 3, 4,
51-60 years	Taegeuk 1, 2, 3, 4,
61-65 years	Taegeuk 1, 2, 3, 4,
66+	Taegeuk 1, 2, 3, 4,

D-Teams-Class

Preliminaries

Deelnemer laat 1 Taegeuk/Poomsae zien. 50% gaat door naar de volgende ronde.

Semifinals

Participant shows 2 Taegeuk/Poomsae. The best 3 continue on to the next round. The pooled total of all previous rounds is used for this.

Finals

Deelnemer laat 2 Taegeuk/Poomsae zien. De beste 3 ontvangen een prijs. De totaalscore van alle voorgaande rondes wordt gebruikt

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1,
Beginners	Taegeuk 1,
Cadets	Taegeuk 1,
Juniors	Taegeuk 1,
18-30 years	Taegeuk 1,
31-40 years	Taegeuk 1,
41-50 years	Taegeuk 1,
51-60 years	Taegeuk 1,
61-65 years	Taegeuk 1,
66+	Taegeuk 1,

Para-A-Class

Preliminaries

Deelnemer laat 1 Taegeuk/Poomsae zien. 50% gaat door naar de volgende ronde.

Semifinals

Deelnemer laat 1 Taegeuk/Poomsae zien. 50% gaat door naar de volgende ronde. Alleen de scores uit deze ronde worden gebruikt.

Finals

Deelnemer laat 1 Taegeuk/Poomsae zien. De beste 3 ontvangen een prijs. Alleen de scores uit deze ronde worden gebruikt.

Indien er minder als 5 deelnemers zijn zal er geen voorronde of semifinals plaatsvinden.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Beginners	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,

Para-B/C/D-Class

Preliminaries

Deelnemer laat 1 Taegeuk/Poomsae zien. 50% gaat door naar de volgende ronde.

Semifinals

Deelnemer laat 1 Taegeuk/Poomsae zien. 50% gaat door naar de volgende ronde. Alleen de scores uit deze ronde worden gebruikt.

Finals

Deelnemer laat 1 Taegeuk/Poomsae zien. De beste 3 ontvangen een prijs. Alleen de scores uit deze ronde worden gebruikt.

Indien er minder als 5 deelnemers zijn zal er geen voorronde of semifinals plaatsvinden.

The table below shows the available forms

This table shows the forms that can be picked	
Pupils	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Beginners	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Cadets	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
Juniors	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
18-30 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
31-40 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
41-50 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
51-60 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
61-65 years	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,
66+	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8, Poomsae 9,

Board breaking

Board breaking is available for participants with 1st geup and higher. Breaking material should consist of square firewood boards that are at least 22x22 centimetres and/or at most 30x30 centimetres. Three boards need to be broken in total. One of the breaking techniques should be a fist/handtechnique. The other taekwondo techniques are free to choose, but should each be a different technique. A higher appreciation is given for aerial techniques, than is for fist/hand techniques and non-aerial techniques. Furthermore technique, power, speed and ki are used in judging the breaking techniques. Also being able to perform all breaking techniques in one fluent go is taken into account. A total of 6 points can be awarded for breaking techniques.

Height category

In the height category the participant should break a board with a two apchagi with a maximum run-up of 6 metres (half of the field).

In the first round the organisation will pick a height that will serve as the height for the qualification round. A practice breaking board will be used for this round. When the participant manages to break this board in one go, that participant has been qualified to compete in this category.

The participant should bring 3 breaking boards. Breaking material should consist of square firewood boards that are at least 22x22 centimetres and/or at most 30x30 centimetres. Starting now, every round the next board will be heightened with a fixed amount (for example 5 cm per round). During every round all participants have the right to take a turn, but are not obligated to do so. As soon as a participant fails to break the board, the highest succeeded break will count for this participant. As soon as all 3 boards have been broken by the participant the highest break is counted for this participant. For example it is possible to take a shot at 1.90 and succeed, then wait until 2.20 and break this one too, but then fail at 2.25. In this case the 2.20 score will be counted for that participant. In the end a top 3 will be made by looking at the highest score. When there is a draw, the second highest score of these participants will count. When all scores are equal participants will continue with a practice breaking board or valid breaking material until a winner arises.